

### Skills-Based Lesson Plan Checklist

National Health Education Standard Performance Indicators (PI) listed:

Yes       No

State Learning Standards are listed:     Yes       No

Objective(s) is(are) written in terms of student behavior:     Yes       No

The learning activities in the lesson support the students' ability to achieve the objective:     Yes       No

A majority of the learning activities are related to the skill/objective:

Yes       No

The learning activities are appropriate activities to develop the intended skill:       Yes       No

The learning activities engage students:  Yes       No

The learning activities provide opportunities for students to personalize/internalize content/information:  Yes       No

The learning activities (at least some) provide students the opportunity to practice the skill in an appropriate way:  Yes       No

The learning activities in the lesson can be categorized into one of the steps of the skill development model:  Yes       No