

Red = Negative Characteristics    Black = Positive Characteristics

1. Been hurt
2. Can't tell truth
3. Selfish
4. Naïve and passive aggressive
5. Values privacy
6. Pushes / is in charge
7. Expects complete honesty
8. Trash talker
9. Stuck up
10. Unforgiving
11. Controlling
12. Relationship quitter
13. Won't admit fault
14. Doesn't tell the truth
15. Blames others
16. Cannot admit weaknesses
17. Defensive
18. Gets others in trouble
19. Isolation
20. Always changes mind
21. Jealous
22. Critical / name calling

1. Trust
2. Good communication
3. Take responsibility for actions
4. Respect
5. Honesty
6. Willing to work on relationship
7. Accepts criticism
8. Has a life outside relationship
9. Listens to you
10. Common interests
11. Asks you what you want to do
12. Feel free to be with friends
13. Enjoy time together
14. Compromise
15. Similar goals
16. Equal power
17. Friends
18. Supportive
19. Sharing responsibilities
20. Positive attitude