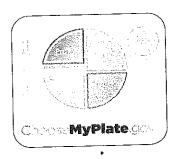


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Monday, April 28, 2014 6:00-8:00pm

Join Us for a Night of Fitness, Nutrition, and FUN!

We invite all ELL students and families to come learn more about nutrition and fitness!

Location: R.A. Jones Middle School—Cafeteria and Gym



Family Activity Time—Evening Schedule:

- . PEP Presentation—Importance of Nutrition and Physical Activity
- Boot Camp—All Star Performance Training will teach families how easy it can be to exercise and get FIT with no equipment needed.
- Zumba—Our favorite Zumba instructor from the YMCA will be here to show us some moves! Families will get to experience what it's like to be apart of an exhilarating Zumba class!
 - Creating a Healthy Menu—Families will learn how to create a healthy and well balanced meal using the MyPlate guidelines. Families will have an opportunity to make a healthy well balanced snack during this session.



*Soccer programing information will be given out for any students interested in participating in a soccer league.

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				SCHOOL	Date	
Attending	Parent Signatur	:e	of the second of the second			,



SPECIAL FAMILY READING/PEP NIGHT

Tuesday, Oct. 15th

6:30-8:00 pm

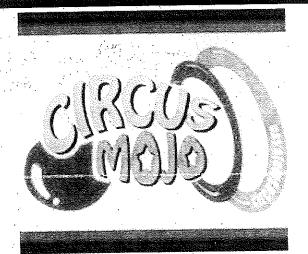
Special Story Read!

Circus Mojo Performance!

Learn How to Do What the Performers Do!

(Juggling, Plate Spinning and much more!)

Take AR Tests/Earn points!



Make a "healthy" circus snack!

SPACE IS LIMITED! Sign- up now.

This program is free of charge but an RSVP is REQUIRED. Please fill in the form below and return it to the school by the deadline date below. if you can join us!

Please return this form, no later than October 10th, 2013 to: Collins Elementary School, Family Resource Center 859-282-3247

Adult name(s) of those attending: Children attending with ages (if younger si	iblings) or teacher:
Daytime Contact Phone Number:	

PEP Grant and Yealey Elementary PTA Present VEALEY FALLOWEEN FETTVAL

Date: October 18, 2013 Time: 5:00pm Family FUN RUNWalk 5:30pm Doors Open

Location: Yealey Elementary

Family Fun Run Walk-Start by Playground

Activities-Gym and Cafeteria

Bring the Whole Family for a Frightfully Good Time!