

Table 1.2

School	Fun Event Target Topic	Date	# Attendance
A.M. Yealey	P.T.A./PEP Playground Event Introducing Peaceful Playgrounds	September 18, 2012	29
A.M. Yealey	Yealey Halloween Festival-inflatables, scary unique fruit tasting and 1 mile walk/run that was canceled due to weather	October 19, 2012	200+
A.M. Yealey	P.T.A./PEP Winter Festival-inflatables, healthy smoothie bar, life size checkers	February 8, 2013	190
A.M. Yealey/All P.E.P. Schools	Boone for Health Fair	October 25, 2012	57
A.M. Yealey	Amazing Race	May 3, 2013	100
A.M. Yealey	Flying Pig	May 2013	40 registered
A.M. Yealey/All PEP Schools	Community Fair	April 20, 2013	250
R.A. Jones Middle	Fall Festival: Clean Eat Diet with Melody Hoppius, Family Boot Camp, Family Clean Eat Pizza	11/28/2012	61
R.A. Jones Middle	Nick @ Night	3/8/2013	104
R.A. Jones Middle	Stockpiling Mom's and Skate Time	3/12/2013	20
R.A. Jones Middle/All PEP Schools	Community Fair	4/20/2013	250
R.A. Jones Middle	R.A. Jones Fitness Trail Induction		N/A – Yet to happen

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<b>Collins</b>	Importance of Fruits and Vegetables- Family story time and taste testing.	August 30 <sup>th</sup> 7-8 pm	110 parents and students.
<b>Collins</b>	Boot Camp and "Clean Eat Diet" with Melody Hoppus, Family Clean Eat Pizzas	March 11 <sup>th</sup> 6-8pm	40 students and parents
<b>Collins/All PEP Schools</b>	Boone Health Expo	October 25, 2012	57
<b>Collins</b>	Growing produce-Family Story Night	April 22 <sup>nd</sup> 6-8 pm	90
<b>Collins/All PEP Schools</b>	Community Fair	April 20, 2013 10am-2pm	250
<b>Alternative Center</b>	Boone for Health Expo	October 25, 2012	57
<b>Alternative Center/All PEP Schools</b>	Community Fair	April 20, 2012 10am-2pm	250

**Description of Healthy Living in Boone Expo/ ACE and All PEP Schools in Boone Co.**

On October 25, 2012 the Alternative Center for Education Florence and Boone4Health will be partnering with Florence Elementary School to provide all students and families in Boone Co. Schools with health, hygiene, nutrition and physical activity information to increase Healthy Living in Boone Co.

The event will begin in the Rush Center with a brief presentation from a medical professional. Following the presentation there will be physical activity, nutrition, health, safety and hygiene community partner booths located in the Florence Elementary gym and cafeteria. The companies attending this event will have information for families as well as some free giveaways.

Community sponsors include:

- Tooth fairy
- Gary Williams – Martial Arts
- YMCA
- Boone Co. Parks
- World of Golf
- St. Elizabeth
- Peaceful Playgrounds
- NKYHD
- Success by 6
- Healthworks – Children’s Hospital
- FRC
- Give away nutrition item booth
- Boone Co. Sheriff
- Chiropractic Family Wellness

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- Cook a healthy "Clean Eat" pizza
- Families get up and active, create and eat some great healthy food, and learn more about what is going on with Jones Middle School PE/Health Programs and the PEP Grant.

### **R.A. Jones Couponing Night**

Parents came to learn about couponing basics and how to use coupons to eat healthy presented by Stockpiling Moms. Students and other family members came to enjoy roller skating while parents learned about couponing. The entire family was able to create and taste test healthy smoothies at the end of the evening and take the recipes home to make more.

### **R.A. Jones Nick@Night**

R.A. Jones Middle School students were dropped off at school for a night of fun and games. R.A. Jones and PEP Grant staff engaged the students in a variety of recreational physical activities. RA Jones and the PEP Grant partnered with JFE (parent teacher group) to make this evening a special event for a peer diagnosed with Cancer.

### **Yealey Peaceful Playgrounds**

PTA and PEP kicked off the first PTA meeting/event of the 2012-2013 school year. During this event the families learned more about the Family Resource Center, Title 1, Watch DOGS, and specifics of the PEP Grant Program. Our PEP facilitator at Yealey gave a brief presentation on PEP followed by a night of peaceful playground games with parents and their children.

### **Yealey Halloween Festival**

First ever Halloween festival sponsored by Yealey PTA (Parent Teacher Association) and partnered with Boone4Health, PEP Grant Program. The event started with a family fun pumpkin 1 mile run but ended up being cancelled due to inclement weather. There were physical activity games, inflatables and a spooky fruit taste testing.

### **Yealey Winter Festival**

The winter festival was sponsored by Yealey PTA and partnered with Boone4Health, PEP Grant. This event had multiple recreational physical activity games, inflatables, Just Dance with Wii and jump rope giveaways. The PEP grant also had a smoothie bar with 3 different smoothies for families to taste. The recipes were provided to each family so they could make their own at home.

### **Yealey Amazing Race**

Yealey Elementary is hosting an "Amazing Race" event on May 3rd. There will be different stations that the participants have to complete. Several ideas include using the playground and gym as stops. In the gym, participants will be performing a dance routine using the geomotion mats and geomotion dance video. The "Amazing Race" brings families together for a day of fun and "competition".

### **Yealey Flying Pig Race**

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School	Fun Event Target Topic	Date	# Attendance
A.M. Yealey	P.T.A./PEP Playground Event Introducing Peaceful Playgrounds & Zumba	September 17, 2013	29
A.M. Yealey	Yealey Falloween Festival-inflatables, scary unique fruit tasting and 1 mile pumpkin FUN walk/run	October 18, 2013	466 +24 runners=490
A.M. Yealey	P.T.A./PEP Peaceful Playground & Zumba Night	March 18, 2014	20
A.M. Yealey	Amazing Race	May 16, 2014	60
A.M. Yealey	Spring Carnival	May 9, 2014	250
R.A. Jones Middle School	Family F.U.N Zumba Night	September 24, 2013	13
R.A. Jones Middle School	Fitness Trial/Disc Golf Grand Opening - In conjunction with Amazing Race Field Day	May 29, 2014	258
Collins	"Say Cheese" Night-PEP Information	September 17 <sup>th</sup> , 2013 6-8pm	297
Collins	Family Story Night/Circus Mojo-Healthy Snacking	October 15 <sup>th</sup> , 2013 6:00-8:00pm	151
Collins	Family Story Night/Olympic Games and Nutrition	February 11 <sup>th</sup> , 2014 6:30-7:30	73
Collins	GOTR Family Night-Fueling Fit Bodies	May 9 <sup>th</sup> 2014 6-8 pm	100
Collins Elementary, Yealey Elementary and R.A. Jones Middle School	ELL FUN Event	April 28, 2014 6-8pm	15
All PEP Schools	Lights on Boone Co.	October 17, 2013	5
All PEP Schools	Boone Co. Day of Play	March 29, 2014	Cancelled
All PEP Schools	Community Fair	May 10, 2014	230

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### **Collins GOTR Family Event- Fueling Healthy Bodies**

- This even is for the families and students involved with the Collins Girls On The Run program. We will be teaching the families and students about how nutrition has a strong correlation to athletic performance. We will be preparing a fresh , home cooked, healthy meal that is designed to optimize their performance for their 5K race on the following day.

### **R.A. Jones Family Zumba Night**

- A brief presentation was given about the benefits of good nutrition and physical activity and the benefits the PEP Grant has brought to R.A. Jones Middle School. Following the presentation a certified Zumba instructor from the YMCA came to teach a sixty minute Zumba class to introduce the families at R.A. Jones to Zumba and it's health benefits.

### **R.A. Jones Fitness Trail and Disc Golf Grand Opening**

- R.A. Jones Students and Staff joined together for an induction of the Fitness Trail and the brand new 9 hole Disc Golf Course. Members of the community and school system that played an important role in the creation of the trail and golf course were present for this event. 8<sup>th</sup> Grade student for RA Jones cut the ribbon at the conclusion of the ceremony. R.A. Jones Students participated in outdoor activities concluding the Trail and Disc Golf Course Induction integrating FUN, FITNESS and CONTENT in the 3rd annual Amazing Race Field day

### **Yealey Peaceful Playgrounds/Zumba (09/17/13 & 03/18/14)**

- PTA and PEP kicked off the first PTA meeting/event of the 2012-2013 school year. During this event the families learned more about the Family Resource Center, Title 1, Watch DOGS, and specifics of the PEP Grant Program. Our PEP facilitator at Yealey gave a brief presentation on PEP followed by a night of peaceful playground games with parents and their children. A certified Zumba instructor from the YMCA came to teach a thirty minute Zumba class to introduce the families at Yealey to Zumba and it's health benefits.

### **Yealey Halloween Festival**

- Halloween festival sponsored by Yealey PTA (Parent Teacher Association) and partnered with Boone4Health, PEP Grant Program. The event started with a family fun pumpkin 1 mile run followed by physical activity games, inflatables and a creating Halloween creature with fruits and vegetables. Information about nutrition, physical activity and PEP grant was given out to families that attended this event.

### **Yealey Spring Carnival**

- The spring carnival was sponsored by Yealey PTA and partnered with Boone4Health, PEP Grant. This event had multiple recreational physical activity games, inflatables, karaoke, face painting, pedometer and jump rope giveaways.

### **Yealey Amazing Race**

- Yealey Elementary is hosting an "Amazing Race" event on May 16th. There will be different stations that the participants have to complete. Several ideas include using the playground and gym as stops. In the gym, participants will be performing a dance routine using the new