



Blueprint for Policy Success

Piecing Your Puzzle Together



- National Framework →
- National Initiative →
- State Initiative →
- Training Mechanism →
- Key Component →
- Training for PE →

Know Your Initiatives

List your state initiatives and/or national initiatives in health, nutrition, physical education, or physical activity.

- ⇒
- ⇒
- ⇒
- ⇒

Put Your Puzzle to Work—Know Your State Laws

List 3-4 state laws in health, nutrition, physical education, or physical activity.

- ⇒
- ⇒
- ⇒
- ⇒

Laws could be:

- * Minutes in PE
- * Graduation requirements
- * Recess
- * PE Waivers
- * Physical activity



Know Your People and Process

In order to develop policy, who do you need to collaborate with in your system? What process do you need to follow?

<u>People</u>	<u>Process</u>
<ul style="list-style-type: none"> • • • • 	<ul style="list-style-type: none"> • • • •

Potential Steps

1. Identify state and national initiatives
2. Identify strengths and weaknesses in your program (complete LMAS assessment)
3. Identify partners and process
4. Develop policy language
5. Contact your SHAPE representative

