*Modifying Games to Teach Secondary Tactics and Sports Skills



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- *Ways to modify games to:
 - *Focus on a particular skill/tactic
 - *Enhance gameplay performance
 - *Increase student activity
 - *Increase student learning/development
 - *Generate students' confidence & competence in various sport

*You will come away with...

- *Red poly spots
 - *Randomly select two students and tally their number of touches

*GAME: 6v6. Regulation game. Serve behind line. Rally Scoring

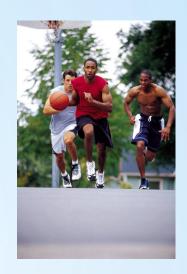


*Who wants to play Volleyball?

- * Tell me one thing that comes to mind when watching this gameplay?
- * Do you feel all students were engaged and interacting?
- * Could that game be altered in a way to better engage students?
- * What would you do to alter that game?
 *Why?

*What did we see?

- *An alteration of a game to suit the players age, size, ability, experience, lesson focus, objectives, etc.
- *Modifications can simplify and slow the game giving students an opportunity to think tactically and react physically



- *Any game can be modified to better include students
- *Contains the essential components of the 'parent' game
 - *Does not change the overall nature of how the game is played

PURPOSE: To put the needs of young people first. ALWAYS.

*What is a modified game?

- *Primary Rules: WE **DO NOT** CHANGE!
 - *These rules define the way a game is played
 - *Changing a primary rule alters the game fundamentally (or problem to be solved)
- *Secondary Rules: WE CAN CHANGE!
 - *The rules that can be changed without changing the fundamental nature of the game

NOTE:

Modifying a game should have a purpose and should be a deliberate decision... focusing on helping students become better players

*Two types of game rules

*Why this modification?



*How does this modification affect students' practices and progress?

*Ask yourself two questions...

- *Make scoring easier
- *Slow the movement of the object
- *Increase reaction time to focus on techniques/tactics
- *Sequence games to enable learning of tactics
- *Change scoring rules
- *Restrict movement and actions of certain players

*Key Strategies for Modifying Games

Sequence games to enable learning of tactics & increase development

(Red spots-tally 1 game only please)

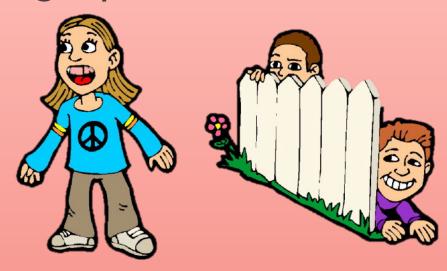
- 1. Setting up an attack: 3v3 (narrow court & modified ball)
 - *Rules: can only use bump pass, no more than three hits on one side
 - *Free-ball toss
- 2. Setting up an attack: 3v3 (narrow court, & modified ball)
 - *Rules: Cooperative game & must hit ball twice on your side, see how many rallies you achieve.
 - * Free-ball toss
- 3. Setting up an attack: 3v3 (narrow court & modified ball)
 - *Rules: Serve from where you feel comfortable, pass-set-attack receives 1pt.
 - * No ace serve rule

*Modifying Volleyball

- *What is one thing that comes to mind?
- *Do you feel students were engaged?
- *Red spots What are the results?

*What did you see??

- *Orange poly spots
 - *Randomly select two students and tally their number of touches
- *GAME: 2v2. Regulation game. Must serve inside serving square.



*Calling badminton players

- *How can we... (speak w/ partner)
 - *increase student participation?
 - *focus on basic strokes (overhead clear or drop)?
 - *decrease frustration?
 - *increase players tactical awareness?

REMEMBER (key strategies)

- Make scoring easier
- Slow the movement of the object
- Increase reaction time to focus on techniques/tactics
- Sequence games to enable learning of tactics
- Change scoring rules
- Restrict movement or action of certain players



* Net and wall sports and games

- * Use slower balls or shuttlecocks.
- * Use short-handle rackets.
- * Move serve line in or serve from anywhere on court.
- * Use bounce-and-hit serve (e.g., tennis).
- * Shorten court depth.
- * Increase court width.
- * Cooperative vs competitive.

*Specific Examples

Sequence games to enable learning of tactics & reduce apprehension

- 1. Creating Space: 1v1 (narrow court)
 - *Rules: Cooperative game work as a team
 - *Rotate after two failed rally attempts or seven consecutive rally's (pt for reaching seven rally's)
 - *Serve anyway you would like
- 2. Creating Space: 1v1 (narrow court)
 - *Rules: Score using drop shot get extra point
 - *2nd serve can serve anyway you like
 - *Rotate after two rally's
- 3. Defending Space: 1v1 (narrow court w/ coach)
 - *Rules: Can only score when you and you and your teammate win a consecutively. Rotate after every two.
 - *Cannot use two consecutive smashes. Coach help teammate

*Modifying Badminton

- *What are some examples of secondary rules that you have changed in invasion type games?
 - *Speak with the person next to you.
 - *Soccer
 - *Flag Football
 - *Basketball

*Discuss with a partner







- *Ways to modify invasion games:
 - *Equipment
 - *Gaining possession
 - *Progression
 - *Increase participation
 - *Focus on tactics



*Equipment

- *Use larger or slower balls
- *Softer balls
- *Short handled sticks
- *No goals- Get across end line to score

*Gaining Possession

- *No stealing
- *Add more ways

*Progression

- *Steps allowed (e.g., ultimate frisbee)
- *Increase or decrease duration of holding the ball/object
- *Sequence games

*Increase participation

- *No out of bounds (throw-ins)
- *Small sided teams
- *Must pass twice before attempting to score

*Focus on tactics

- *Must run pass route to score a touchdown
- *Point for attempting a tactic in soccer
- *No goal-passing to score
- *Point for catching ball

Invasion Games (examples)



*Calling hockey players

Sequence games to enable learning of tactics

1. Maintaining possession

- *Game: 1v1
 - *Rules: Get past your opponent and score 1pt

2. Maintaining possession with support player

- *Game: 3 v 3 (modified team size & puck)
 - *Rules: Cannot hold the puck for more than 3 seconds & no stealing when guarding.
 - *Successfully cross the line in possession of the puck and get 1pt (NO GOAL)
- *Game: 3 v3 (modified team size & puck)
 - *Rules: 5 consecutive passes gets 1pt

3. Creating Space in Attack

- *Game: 3 v 3
 - *Two pts for score with overlap, crossover, or give-and-go.

 1pt for simply attempting the tactic

*Modifying Hockey

- *Any questions?
- *Comments?



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