

Jump Rope for Heart Group Assignment:

Activity Name: Junk Food Tag

Directions:

- there will be two taggers "junk food" with a colored jersey on
- everyone else are healthy students
- if tagged by "junk food" they have to do 5 jumps to get back in the game

Objectives:

Psychomotor: TSWBAT Move in free space during a game of tag by moving to open space and avoid running into their classmates.

Cognitive: TSWBAT Count to 5 while they are jumping by using numbers.

Affective: TSWBAT Tag appropriately using two fingers during the junk food tag game.

Equipment: Six red cones

Space Needed: field

Duties: Rob described lesson, Tim handout jerseys, Dominique explained safety rules, Mark show proper jumping form, All students are given positive specific feedback by all teachers

Names: Rob, Tim, Mark, Dom