

## PETE Service-Learning: Elementary Partnerships to Jumpstart the Implementation of LMAS



Jenny Linker, Ph.D.  
North Dakota State University



Kristen Hetland, Ph.D.  
Concordia College



Julie Knutson, Ph.D.  
Minnesota State University Moorhead

## Service-Learning

- Bringle and Hatcher's (2009) definition of service-learning:
  - "Service-learning is a course-based, credit-bearing, educational experience in which students (a) participate in an organized service activity that meets identified community needs and (b) reflect on the service activity in such a way as to gain further understanding of course content, a broader appreciation of the discipline, and an enhanced sense of personal values and civic responsibility." (p. 38)

Slide contents directly from North Dakota State University Service-learning Handbook available at <http://www.ndsu.edu/fileadmin/mu.ndsu.edu/14VN/ServiceLearningHandbook.pdf>

## Types of Service-Learning

TABLE 1: DIFFERENTIATING SERVICE-LEARNING FROM OTHER TYPES OF COMMUNITY ENGAGEMENT	
<b>SERVICE-learning</b>	Learning goals are the primary purpose and service outcomes are secondary
<b>service-LEARNING</b>	Service outcomes are the primary purpose and learning goals are secondary
<b>service-learning</b>	Service and learning goals are completely isolated from one another
<b>SERVICE-LEARNING</b>	Service and learning goals bare equal weight and each enhances the other

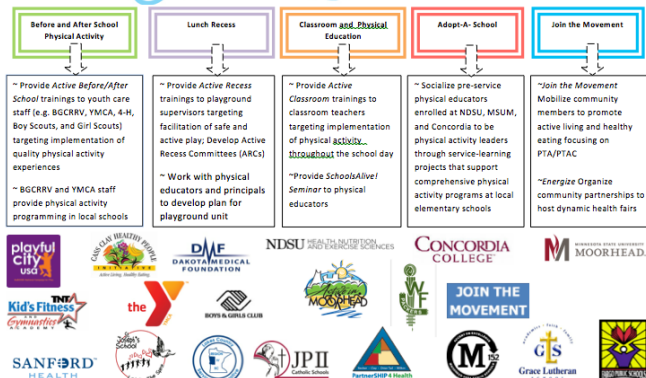
\*based off Sigmon's (1994) diagram of service learning

Slide contents directly from North Dakota State University Service-learning Handbook available at <http://www.ndsu.edu/fileadmin/mu.ndsu.edu/14VN/ServiceLearningHandbook.pdf>

## Let's Move! Active Schools & CSPAP



## SchoolsAlive!



## Partnerships

- Dakota Medical Foundation
  - Funding \$250/school/year
- Tri-college
  - North Dakota State University
  - Minnesota State University Moorhead
  - Concordia College
- School Districts
  - West Fargo Public Schools
  - Fargo Public Schools
  - Moorhead Public Schools



## Adopt-a-School Goal

- ⦿ Socialize physical education teacher candidates into school-wide physical activity roles through a service-learning project that provides local schools assistance in developing and facilitating Comprehensive School Physical Activity Programs (CSPAPs)

## Adopt-a-School Overview

- ⦿ Moorhead, West Fargo, & Moorhead (X) 2012-2013
- ⦿ West Fargo Elementary Schools (9) 2013-2014
- ⦿ Fargo Elementary Schools (9) 2014-2015
- ⦿ Teams of teacher candidates
- ⦿ Sport Education model/cooperative learning
  - ⦿ Project manager
  - ⦿ Recorder
  - ⦿ Reporter
  - ⦿ Portfolio coordinator
  - ⦿ Booklet creator
  - ⦿ Publicist

## Adopt-a-School Assessments

- ⦿ Individual reflections throughout experience
- ⦿ Team portfolio
  - ⦿ School profile
  - ⦿ Baseline assessment
  - ⦿ Contract
  - ⦿ Project calendar
  - ⦿ Meeting minutes
  - ⦿ Progress reports
  - ⦿ Budget
  - ⦿ Artifacts
- ⦿ Team booklet
- ⦿ Tri-college group presentations at DMF
- ⦿ Peer evaluations

## Teacher Candidates

- ⦿ Perform a baseline assessment
- ⦿ Encourage registration on *Let's Move!* Active Schools site
- ⦿ Develop/negotiate project components with school staff based on identified needs
- ⦿ Sign a contract with school staff defining project and expectations
- ⦿ Execute project
- ⦿ Reflect individually and as a group
- ⦿ Present final products
- ⦿ Create a portfolio and booklet

## School Staff

- ⦿ Meet and communicate with team as needed
- ⦿ Aid baseline assessment
- ⦿ Register on *Let's Move!* Active Schools site
- ⦿ Negotiate project components with student team based on identified needs
- ⦿ Sign a contract with student team defining project and expectations
- ⦿ Provide guidance and materials as needed
- ⦿ Communicate with faculty supervisor as needed

## Community Partner

- ⦿ Meets and communicates with university supervisors
- ⦿ Provides \$250 funding per school/year
- ⦿ Provides tri-college presentation space





## Adopt-a-School

### NDSU PE/Health

## Adopt-a-School Students Fall 2014



**NDSU**



### Process

- Seniors – EDUC 481-PE: Classroom Practice of Classroom Teaching I (Fall)
- Juniors – EDUC 451-PE: Instructional Planning, Methods and Assessment (Spring)
- ~ 15 students/semester and ~20 hours/individual
- Sample course objectives met:
  - Participate in activities that enhance collaboration and lead to professional growth
  - Utilize the reflective cycle to implement change in teacher performance, student learning, and or instructional goals and decisions
  - Discuss professional issues with others in class and with in-service teachers
  - Identify strategies to advocate in the school and community to promote a variety of physical activity opportunities.



**NDSU**



### Longfellow Elementary

- Angry Birds
- Play 60 Grant
- Indoor Recess Binders
- Brain Breaks



### Harwood Elementary

- Buddy Bench
- Indoor Recess Kits
- Outdoor Recess Games

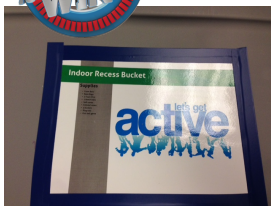


**NDSU**



### Kennedy Elementary

- Indoor Recess Kits
- Brain Breaks



### Westside Elementary

- Walk, Run, or Roll
- Winter Recess Activities Binder





**NDSU**



### Student Perspectives...

- Enjoy direct impact and results
- Job marketability
- Creativity
- Jobs/roles that play to their strengths
- Leadership opportunities
- Autonomy
- Challenges: schedules, group members, and level of communication with school

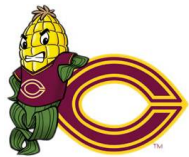


**NDSU**



### Recommendations

- Initial planning
  - Seek out campus resources
  - Integrate your research interests
  - Start small
  - Be aware of client's protocols
- Throughout
  - Communicate and give opportunities for feedback from all parties
  - Don't be afraid to throw spaghetti!



## Adopt-a-School

### Concordia PE/Health



**Concordia**



### Process

- Counted as 40-hour clinicals
- Sent inventory to school
- Met with principal and PE teacher
- Developed contract
- Began process



**Concordia**



- JAMmin' Minutes and record
- Playground Zoning
- Running Club
- Culture Camp
- Brain Boosts Demos and Binder



**Concordia**



### Student Perspectives...

- Behind the scenes action
- Communication
- Organization
- Establish a plan
- Teamwork
- Set k-12 students up for success!





## Concordia



### Recommendations...

- ⦿ Find "school champion"
- ⦿ Define PETE student roles
- ⦿ PETE Student Professionalism
  - ⦿ K-12 teachers/administrators
- ⦿ PETE supervisor should always be Cced or FWDed



## Adopt-a-School

MSUM PE/Health



## MSUM



### Kennedy Elementary

- Brain Breaks
- Anti-bullying

### Liberty Elementary

- Brain Breaks
- Anti-bullying



## MSUM



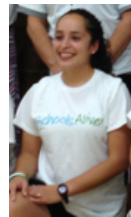
### Student Perspectives...

- ⦿ Fun experience; networking
- ⦿ Be proactive!
- ⦿ Don't get discouraged (Plan may not work the first time)
- ⦿ Takes a lot of energy to be an elementary teacher
- ⦿ Once the younger students get distracted you lose them
- ⦿ You don't get a lot of prep time: use it wisely!
- ⦿ It's okay to ask for help

## Faculty Perspective

- ⦿ **Teacher Candidate Benefits**
  - ⦿ Cutting edge preparation for career –marketability
  - ⦿ Networking
  - ⦿ Authentic leadership/collaboration experience
  - ⦿ Getting to know and appreciate a variety of school staff
- ⦿ **Teacher Candidate Challenges**
  - ⦿ Time/schedules
  - ⦿ Personalities
  - ⦿ Project negotiations with school staff

## School Champion Perspectives



- ⦿ **Michelle Crary, P.E. Teacher**  
Kennedy Elementary, Fargo, ND



- ⦿ **Jerry Hanson, Principal**  
Kennedy Elementary,  
Fargo, ND



## Community Partner Perspective

- ⦿ Rory Beil, Director CassClayAlive Dakota Medical Foundation, Fargo, ND



## Future Directions

- ⦿ Leadership skill integration
- ⦿ Tri-college PAL training
- ⦿ Secondary level
- ⦿ Interdisciplinary teams from across multiple majors
- ⦿ Schools “apply” for a team
- ⦿ Forum at district/national conventions for undergraduate presentations

## Questions



## Contact Information

Dr. Jenny Linker      jenny.linker@ndsu.edu  
Dr. Kristen Hetland      khetland@cord.edu  
Dr. Julie Knutson      julie.knutson@mnstate.edu

*SchoolsAlive!*

[schoolsalive60@gmail.com](mailto:schoolsalive60@gmail.com)



SchoolsAlive!  
or

Fun Brain Boosts and Movement in the Classroom Ideas