

PASS: During the School Day

8:30-8:50	School wide PASS walk				
8:50-9:00	School wide Physical Activity - Brain Dance (Led by student morning announcer)				
Classroom Schedule					
Time	Language Arts	Math	Social Studies	Science	Special Areas
9:00-10:00	Teaching Block				
9:50-10:00	PA Break				
10:00-10:50		Teaching Block			
10:50-11:00	PA Break				
11:00-11:50					Teaching Block
11:50-12:00	PA Break				
12:00-1:00	Lunch and Recess: Structured and un-structured physical activities				
1:00-1:50			Teaching Block		
1:50-2:00	PA Break				
2:00-2:50				Teaching Block	
2:50-3:00	PA Break				
3:00-3:10	School wide Physical Activity – Cool down				

**** Schedule should be modified to meet your school day timeframe and needs****