

**High School Physical Education:
Overcoming Exemptions and Increasing Requirements**

**Chuck Corbin, Ph.D.
Professor Emeritus
Arizona State University**

**Seattle SHAPE America Convention
March 18, 2015
11:15-12:20**

Abstract

The Shape of the Nation report (2012) indicates that high school programs have decreased from 2010 to 2012. More than half of states allow students to substitute other activities for physical education credit. More than half allow schools to grant exemptions/waivers. The session will cover the current status of requirements and exemptions/waivers; common reasons for program losses; suggestions for increasing high school programs; and proposals for overcoming exemptions/waivers.

Resources

Two articles concerning the topic (see above) are available at pelinks4U (see below).

Corbin, C. B. (2014). High School Physical Education-Part 1: Going on Offense to Improve Programs and Prevent Program Loss. Pelinks4U, August/September issue.

http://www.pelinks4u.org/articles/corbin8-9_2014.htm

Corbin, C. B. (2014). High School Physical Education-Part 2: Going on Offense to Improve Programs and Prevent Program Loss. Pelinks4U, October issue.

http://www.pelinks4u.org/articles/corbin10_2014.htm