1. **Planning Commentary –from the Lesson Plan**

a. **Central Focus**-Describe the central focus for this lesson including a description of how the standards and
   objectives address student learning across the domains

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b. **Supporting PE development-How did you structure the environment to be physically and EMOTIONALLY safe?**

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c. **Identify the key specific learning tasks(language tasks) from the plans that provide students with opportunities to practice the central focus**

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II. Reflection and Post Teaching Commentary on the Instruction (from the teaching video).

a. **How did you engage the student in Learning? –**How did you use rules, routines or transitions to enhance engagement?

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b. **Explain how you actively monitored student performances.** Did you modify the learning tasks for students?

c. **How did you use Pedagogical Content Knowledge?** Explain how you used verbal and visual demonstrations to enhance
Learning? Any cues or feedback comments related to the central focus?

d. **Explain how you used your knowledge of common errors and student misunderstandings during the lesson?**

e. **Analyzing the Teaching performance: What changes would you make for future planning or lesson tasks
specific to the central focus?**

III. Reflection on Teacher Skills (developed by Kristi Mally (UW-L 2013)

a. **Analyze and evaluate your teacher movement patterns and use of space throughout the lesson and the impact
on the student learning.**

b. **Analyze and evaluate your verbal communication behaviors. Do you look engaged, motivated, motivating, and professional?**
Do you speak clearly, and at the correct speed of delivery? Do you enunciate your key terms and phrases?
Do you have certain phrases you consistently fall back on?

IV. **Connection to the content standard or central focus.**
***Analyze your commentary and make at least 3 connections between the commentary and the relationship to the**
content standard or student learning outcome.
1.

2.

3.

As I view my performance, the strengths would be;

1.

2.

3.

The biggest surprise from watching myself was: