

## Dangerous Teen Fads II

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Children and teens are engaging in increasingly risky behaviors.


It is important for us, as educators, to understand and stay up-to-date on these dangerous teen fads.

**Remember: Knowledge is Power.**

## Dangerous Teen Fads II

This presentation is a follow-up to the Dangerous Teen Fads presentation from last year's national convention.

I've included a review of many of last year's fads for your information.

This Review is presented in an abbreviated fashion. The  represents some of the consequences caused by the behavior.

To locate more info on any of the trends presented, you can search youtube videos by name of the behavior or search Dangerous Teen Trends.

## Review



- **Vodka Eyeballing**
  - **Pouring vodka into one's eye**
    - **Burning, blindness**
- **Vodka Tampons**
  - **Inserted into vagina or anus**
    - **Alcohol poisoning, bleeding**



## Review

- **Neknominate**
  - **Online drinking game, dare friend to top it**
    - **Do stupid, dangerous things**
- **Pharm Parties**
  - **Prescription drugs in a bowl, take handful**
    - **Death**
- **Robo-Tripping**
  - **Ingesting large amounts of dextromethorphan**
    - **Hallucinations, confusion, intoxication**



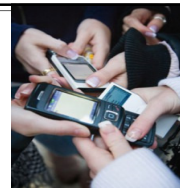
## Review

- Inhalant Abuse
  - Huffing, Sniffing, Bagging
    - ☛ Suffocation, seizures, heart failure, death
- Bath Salts
  - Designer drug
    - ☛ Paranoia, hallucinations, Violence, Suicide
- Biting
  - New 'hickey', Pain is a rush
    - ☛ Hepatitis, syphilis, HIV/AIDS, infection



## Review

- Online Pictures / Sexting
  - Posting or sending sexually explicit pictures
    - ☛ Bad reputation, bullied, sexual predators
- Punch Out Game
  - Punch friend in head/face – Post on internet
    - ☛ Head injuries, brain damage, paralyzation, death
- Knockout Game
  - Hit random victims in head to knock them out



## Review

- Choking Game

- Choke self or others to get 'high'

- Seizures, stroke, brain damage, death

- Ball-Tapping Game

- Males hit, kick other males in the groin

- Serious damage to the testicles

- Body Spray Flamethrower

- Use 'Axe' and lighter to make flamethrower

- Fires, burns to the individual



## Review

- Thigh Gaps

- Diet or exercise to lose weight to have skinny legs

- Eating disorders



# Challenges

## Old and new

### Challenges

- **Cinnamon Challenge**
  - Swallow 1 tablespoon cinnamon without drinking
  - Choking, aspirating, death
- **Toothpaste**
  - Put on end of tongue for 1 min.
  - Burning, gagging
- **Chewing Gum**
  - Chew mouthful and blow big bubble
  - Laughing could cause choking



## Challenges

- Drinking large amounts
  - Carbonated beverage, Milk, etc.
  - Time drinking to beat someone else
    - ☛ Vomiting, stomach ache
- Ingesting MIO
  - Drink entire container
    - ☛ Burning, upset stomach



## Challenges

- Salt & Ice
  - Salt on skin, press ice on top
    - ☛ Extreme burning, scarring
- Chubby Bunny
  - Stuff marshmallows in mouth
    - ☛ Blocking airway, choking, death
- Beezin'
  - Burts Bees lip balm on eyelids (to get high)
    - ☛ Extreme burning, watering, temporary blindness, herpes



## Challenges

- Copenhagen Snuff

- Stuff whole can into mouth

- ☛ Choking, extreme agitation (nicotine)

- Fire

- Douse body with acetone (polish remover), light on fire

- ☛ Extreme burns, death



## Challenges

- Pick Up Your Pants

- Don't let pants show underwear

- 😊 Be a man





# Dangerous Trends

## Gallon Smashing

- Grab a gallon or two of milk in a store

- Walk down an aisle and smash the milk on the floor

- 'Fall' into the milk and tell store people you slipped

- Destruction of property, injuries from really slipping



## Snorting Smarties

- Popular among Tweens
- Crush candy smarties
- Snort like cocaine
  - Lung infections
  - Nose bleeds
  - Smokers' cough
  - Maggot infestations in nose




## Boozy Bears

- Soak gummy bears in vodka
- Eat several at one time
- Can take to school, ball games, etc.
  - Can smell on breath
    - Can be arrested
    - Alcohol Poisoning





## Drinking Hand Sanitizer

- Videos show how to extract alcohol from sanitizer
- Extracted alcohol is more potent than vodka
-  Alcohol poisoning, death



## Burning Hand Sanitizer

- Pour hand sanitizer on concrete
- Light with a match
- Make designs on the concrete
- Turn off lights to watch it burn
-  Burn objects that are close
-  Burns on hands, etc.



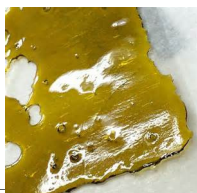
## Wax

- Combine marijuana & butane
- Heat to create a waxy substance
  - 💣 Flash fires
- 3 times the THC as in marijuana
  - 💣 Federal felony




## Concentrate Basics: Shatter, Budder and Oil

- Extractions of marijuana
  - Shatter up to 80% THC
  - Budder -70% THC
  - Oil – THC less consistent



## Cotton Ball Diet

- Swallow juice-soaked cotton balls to feel full
- ‘Cotton Balls’ are really polyester fibers with many chemicals
-  Cause intestinal blockages



## Self-harming Selfies

- Post their cuttings on you-tube
- Become competitive with others
- Make cuts deeper, longer
- Have the most cuts
-  Infections
-  Emotional scars, suicide





## Amateur Stunt Videos

- 'Home grown' stunt men
- Perform varied dangerous stunts
- Video stunt and sell
  - [break.com](http://break.com), [stupidvideos.com](http://stupidvideos.com)
  - Receive up to \$600 per video
- 💣 Serious injuries
- 💣 Death



## Powdered Caffeine

- Pure caffeine powder is more potent and dangerous than energy drinks



## 1 tsp = 25 cups of coffee

- It is popular among teens and young adults.
  - It is unregulated, easy to buy, and inexpensive.
  - It is lethal in small doses.
  - The symptoms of a caffeine overdose are serious.
- Irregular or rapid heartbeat
  - Vomiting
  - Breathing trouble
  - Confusion
  - Convulsions
  - Diarrhea
  - Hallucinations
  - Muscle twitching

## Powdered Caffeine

- The pure caffeine
  - Taken before a workout or practice for an extra boost.
  - Partygoers take it to combat the depressant effects of alcohol or marijuana.
  - College students - to help stay alert during late-night study sessions.

## Powdered Caffeine

- Dietary supplement
  - Not subject to FDA regulations
- 100-gram shipment (the amount of caffeine in roughly 385 tall servings of Starbucks coffee)
  - \$12

## Still Popular

- Sizzurp / also called LEAN
  - Cough syrup, sprite, Jolly Ranchers
    - Death, Liver damage, Kidney Failure
- Smoking alcohol
  - Pour over dry ice, inhale
    - Extreme intoxication, Poisoning, Death





## For More Information

- Talk to the teens in your classes
- Search youtube.com
  - Teens love to post their crazy behaviors!
- Keep your eyes & ears open