



CREATING A SCHOOL BASED PHYSICAL ACTIVITY INITIATIVE IN YOUR SCHOOL

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OBJECTIVES OF SESSION

1. Provide an overview of the 26.2 Desire To Inspire Marathonos Ave to Boylston Street.
2. Provide a blueprint for creating a school based physical activity initiative in your school.
3. Provide ideas for creating community support for your project.
4. Provide ideas for finding sponsors.

THE BLUEPRINT/WORKSHEET

STEP 1 - WOULDN'T BE AMAZING IF...

STEP 2 - WRITE IT INTO A STATEMENT

STEP 3 - CREATE YOUR VISION

STEP 4 - DEVELOP YOUR ACTION PLAN

STEP 5 - SCHEDULE A MEETING WITH YOUR PRINCIPAL

STEP 6 - SEEK OUT INTEREST

STEP 7 - IDENTIFY POTENTIAL TEAM MEMBERS

STEP 8 - IDENTIFY LOCAL ORGANIZATIONS

STEP 9 - UNDERSTAND THE BIG PICTURE OF YOUR DISTRICT

STEP 10 - DISTRICT ADMINISTRATION MEETING

STEP 11 - CREATE YOUR TEAM

STEP 12 - PREPARE FOR YOUR FIRST MEETING

STEP 13 - NAME YOUR PROJECT

STEP 14 - SECOND TEAM MEETING

STEP 15 - DEFINE YOUR PURPOSE

STEP 16 - PRESENT TO FACULTY

STEP 17 - CREATE A CONTACT LIST

STEP 18 - INTRODUCE IT TO STUDENTS

STEP 19 - LEAD THE WAY

STEP 20 - HOW ARE YOU GOING TO ENGAGE YOUR STAFF

STEP 21 - USE YOUR STATE/DISTRICT CURRICULUM TEMPLATE FOR CURRICULUM CONNECTIONS

STEP 22 - SOCIAL MEDIA AND SELF PROMOTION

STEP 23 - DEVELOP YOUR ENRICHMENT ACTIVITIES

STEP 24 - PROGRAM RECOGNITION

STEP 25 - INSPIRE STUDENT GOALS

STEP 26 - PROMOTE YOUR PROGRAM

FOR MORE INFORMATION

26.2 Desire To Inspire Website:

<https://sites.google.com/a/hopkinton.k12.ma.us/desire-to-inspire/>