

FROM PAPER TO PRACTICE FOR OUR FUTURE PROFESSIONALS!

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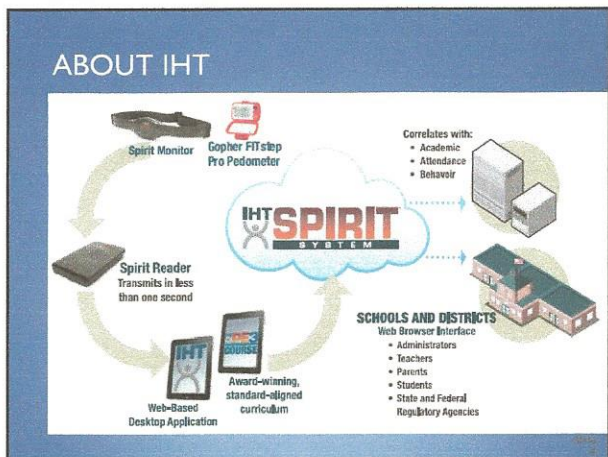
OBJECTIVES

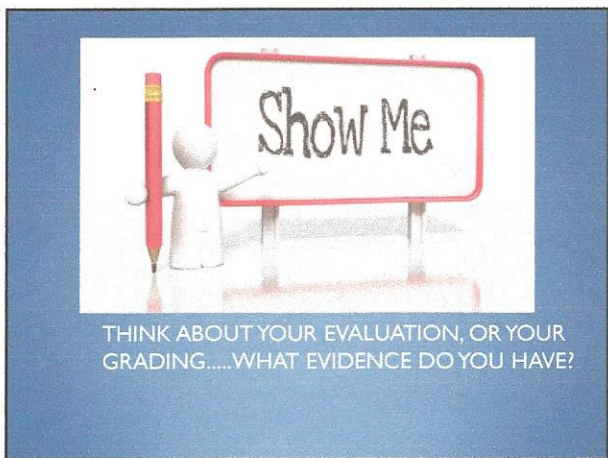
- ▶ Learn how students can use data they collect to enhance their teaching skills.
- ▶ Learn how students can use data they collect to enhance movement in the classroom.
- ▶ Learn how students can use data to better their skill and strategies as a future professional while participating in professional learning communities.
- ▶ Experience state of the art self-contained heart rate monitoring that sends assessments straight to a website, no buttons, no downloading.
- ▶ Participate in active & engaging common core strategies that align with our new SHAPE outcomes.

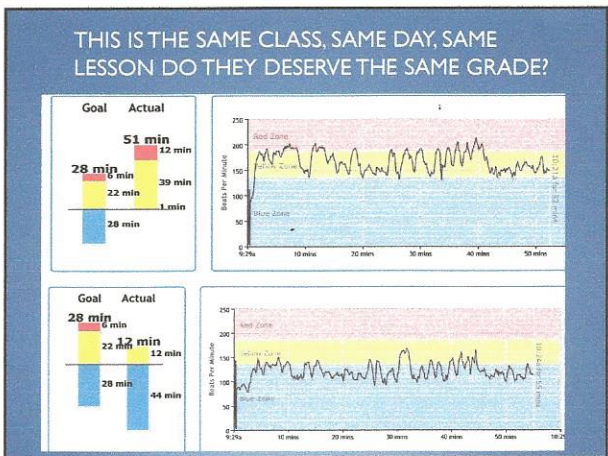
THE TOOL WE ARE USING IS THE IHT HEART RATE MONITOR

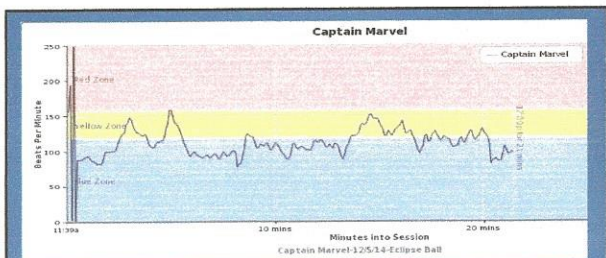
- ▶ IHT Purpose: To empower individuals to self-manage their health and well-being through daily-to-yearly assessment, accountability, heart-centered learning and support.



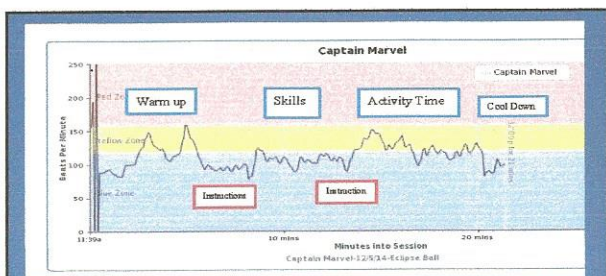




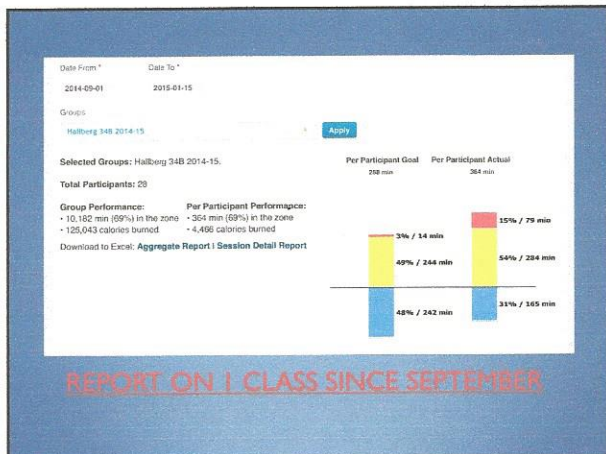




WHAT DOES THE DATA TELL US!
IT IS A TREMENDOUS TOOL FOR SELF REFLECTION!



OPENS THE DIALOG ON HOW TO IMPROVE TEACHING



QUESTIONS & ANSWERS

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