

Key Essential Pieces

Sessions IT factor

Cultural studies through Irish Sport “Hurling”

Unique message:

Culture embodies every sport

Every sport has a cultural background

Target audience:

Physical educators in schools

Learning objectives

- Demonstrate the basic skills in hurling and incorporate these into a modified game
- Experience and discuss the Cultural Studies Curriculum Model
- Appreciate the relevance of the session’s content to their own practice

Outline

Areas of emphasis:

1. Cultural studies

- History/politics of the game
- Gaelic words/phrases
- Break down of counties and location within Ireland
- Gender difference

Take away: The significance of the sport within Irish culture

2. Hurling

- Skills: Catching one handed, striking with a stick
- Rules of hurling

Take away: Similarities to invasion games such as lacrosse/field hockey, etc.

Seed questions

1. Where can you see the relevance of this session within your own practice?
2. How could you make hurling a cost effective game to implement within your curriculum?
3. What is the relationship between hurling and other invasion games?
4. Safety is a key factor in teaching Physical education. Discuss safety with regards to teaching hurling within a Physical Education setting.
5. Would the Cultural Studies curriculum approach to Physical and Health Education be of interest to young people? Why? Why not?
6. Does the culture of the sport matter when teaching games within Physical education?