NAME: ____

MARKING PERIOD: _____

Unit 2 HEALTH MENU



Substance Abuse: Alcohol, Drugs, and Tobacco Common Core: 9.ATOD 1.1, 1.2, 1.3 1.4, 1.5, 1.6, 9.ATOD. 2.1, 2.2

CHEF CHOICES: WEBSITES:

www.Madd.org

MADD's mission is to stop drunk driving, support the victims of this violent crime and prevent underage drinking.

www.DUIhope.org

Mission Statement: To prevent drunk driving through Victim Impact Panels education and Drug Courts. To offer hope and comfort to the victims of drunk driving.

www.RealityUnfiltered.com

TRU is a movement for teens and by teens that help prevent teen tobacco use in North Carolina.

Appetizers.

GATHERING CONTENT (maximum 100 points) GREEN LAYER

1. Define the following words (must be hand-written) 20 points

Nicotine	Alveoli	Inhalants	Stimulant
Addiction	Emphysema	Methamphetamines	Narcotics
Intervention	Binge Drinking	Denial	Depressants
Carcinogen	Hallucinogen	Enable	Intoxication
Metabolism	Ethanol	Tolerance	Overdose
Dependence			

2. Watch the Gruen Von Behrens video (in class) on the dangers of smokeless tobacco and complete guide. (THIS WILL BE DONE IN CLASS) **10 points**

3. Watch the Discovery Education video, <u>"LegalEASE: The Legal Ramifications of</u> <u>Alcohol Abuse"</u> and complete guide. **10 points**

4. Watch the Discovery Education video,<u>"Reality Matters; Smoke Signals</u>" and complete guide. **10 points**

5. Watch the Discovery Education video, <u>"Inhalants for Middle Schools"</u> and complete guide. **10 points**

6. Watch the Discovery Education video, <u>"LegalEASE: Program Two: The Legal</u> <u>Ramifications of Drug Abuse"</u> and complete guide. **10 points**

7. List 10 ways to discourage teens from starting to smoke. **10 points**

8. Write a pretend letter to the editor explaining the short and long-term effects of tobacco abuse. **10 points**

9. Find a story online, in a magazine, or newspaper that details how someone's life was "short-lived" from tobacco, alcohol, or drug abuse and summarize in your own words **10 points**

10. Create a list of ten illicit (illegal) drugs and describe them. 10 points

11. Watch the Sam Spady video and complete guide (THIS WILL BE DONE IN CLASS) **10 points**

12. Create a Tagxedo (<u>http://tagxedo.com</u>) with at least 100 words associated with substance abuse and Unit 2. **10 points**

13. Create a Venn diagram comparing and contrasting tobacco and smokeless tobacco. **10 points**

14. Give 10 suggestions on how to keep your teen safe from using prescription drugs. **10 points**

Entrees.

APPLYING CONTENT (maximum 100 points) YELLOW LAYER

NOTE: On the questions that are labeled "OR" you must choose one—you will not get credit for completing both assignments. Students can only choose one of the following: Animoto, GoAnimate or StoryBird.

1. Create a Tri-Fold pamphlet on tobacco abuse **15 points** or an informative poster on tobacco abuse **10 points**

2. Create a Tri-Fold pamphlet on prescription drug abuse **15points** or an informative poster on prescription drug abuse. **10 points**

3. Create a Jeopardy style game with 3 topics (alcohol, tobacco, drugs) and 5 questions for each topic for a total of 15 questions. (See below)(Create on paper and avoid true/false questions or yes/no.) **25 points**

Tobacco	Alcohol	Drugs
100	100	100
200	200	200
300	300	300
400	400	400
500	500	500

4. Create an Informative Power Point on the dangers of tobacco abuse, alcohol abuse, or drug abuse. (*Remember the "misuse" of prescription drugs is also considered drug abuse*). **25 points**

5. Write a "Life's Little Instruction Book" (at least 10 pages) with illustrations for teens to remain drug free! **20 points**

6. Create a children's book (at least 10 pages) with illustrations that explains the dangers of tobacco, drugs or alcohol. **20 points**

7. Create an Animoto (<u>www.animoto.com</u>) on drugs, alcohol, or tobacco. **25 points**

8. Create a (<u>www.GoAnimate.com</u>) video on tobacco, drugs, or alcohol **25 point**

9. Create an electronic story on <u>www.storybird.com</u> on alcohol, drugs, or tobacco and present to class for credit. **25 points**

Desserts.

EVALUATING/ANAYLZING CONTENT (maximum 50 points) RED LAYER Write a detailed response paper explaining your belief and support it with research. All red layer questions must accompany a TREE MAP. All essays must be submitted on www.turnitin.com

1. Why do you think tobacco advertisements target teens? Explain why or why not? **50 points**

2. In your opinion, do you think the tobacco companies are responsible for the deaths caused by tobacco use? **50points**

3. In your opinion, do you think that a mother should serve a jail sentence for causing "Fetal Alcohol Syndrome" in their newborn baby?

Why or why not? 50 points

4. Do you have the right to tell someone to "butt out" (put their cigarette out?) **50points**

5. Do you think all public facilities (restaurants, malls, parks, etc...) should be 100% tobacco free? Why or Why not? **50 points**

6. In your opinion, should parents be found negligent *(unlawful)* and be punished by law if they have minors (under 21 years of age) drinking at their house? **50 points** 7. Which do you think is worse to abuse: Drugs, Alcohol, or Tobacco? <u>Defend your</u>

answer. 50 points

8. In your opinion, should alcoholism be treated as a disease? **50 points**

9. In your opinion, does media(movies, television shows) help promote or prevent underage substance abuse? **50 points**

10. In your opinion, should an athlete's records or awards be erased because of the use of sports enhancing drugs? **50 points**

NOTE: 3 week HEALTH CHALLENGE/TEST will be on:	(25 points)
Notebook check will be on:	(25 points)
Switch to PE on:	

Benchmark DUE Dates:

80 points by _	
160 points by	
250 points by	