

AAHPERD Conference March 13, 2012

Boston, Massachusetts

“A player that makes a team great is more valuable than a great player.” - John Wooden

If a player is a senior, talented, or popular. That does NOT make them a CAPTAIN.

If you're a good coach, you've probably been doing shared leadership without labeling it or telling your team. I realized that I was....

Thank Nancy (Athletic Director) for providing an opportunity for me to try on this concept in a supportive and collaborative environment.

Shared Leadership

- LS Field Hockey Model is NOT for everyone. It is one that worked for our team.
- It may and probably will look different for different teams
- Need to customize it based on your team chemistry and personality and team/coach relationship
- Solid communication with deliberate and conscious effort
- Success of the season has been related to the leadership of the team - how well they work together (slide #1)

Preseason

- Uncharted waters - there will be tough times ahead - preparing for the challenge
- Frustrating - girls felt as if we were breaking tradition
- Front loading - 7am morning council meetings, support of Athletic Dept and colleagues, parent meetings involving entire program 9th, JV and Varsity, individual meetings
- Defining roles - each player discovers their leadership style, opportunity to step up
- Defining duties/responsibilities
- Parent meetings - still frustrated, “How do you know your daughter would have been voted captain?”
- President's Cabinet - “what are you bringing to the table?”

Suggestion: You are the Coach - you need to make choices for the program that they may not agree, Checking in constantly

In Season

- More routine, roles are defined easily
- School is a distraction

Suggestion: Check in periodically to see how things are going, give more structured guidance and less “figure it out”. Example: sign up a rotation/duties

- Equipment, logistics, “coin toss” rotation, ...
- Problem solving as a group - the lost ball bag, picking up equipment postgame

Exit meetings

 comments, Parent comments

March 2011 - Council Sleep over, Council #1 says “They can't say that it doesn't work.”

Deliberate Acts of Leadership will help your team:

- Develop a shared vision of how team leadership affects the team environment.

Team covenants, choices and consequences, expectations are clear and consistent

What does it look like: Team motto

- Clarify common values of how to treat each other.

Open conversations..., provide opportunity for conversations - entrance, check in and exit meetings

What does it look like: individual and team goals

- Recognize new opportunities to make a positive difference for teammates.

“Think for yourself and think of others.”

“It’s not about field hockey.”

Off the field team opportunities - relating skills to future endeavors

What does it look like: giving younger kids advice about school, “Where can I go on my free block?”, coffee talk

- Become more proactive in creating a more effective team environment.

- First to serve and last to be served

What does it look like: older kids taking care of equipment, older kids modeling responsibility for others, Weston game - equipment left behind