

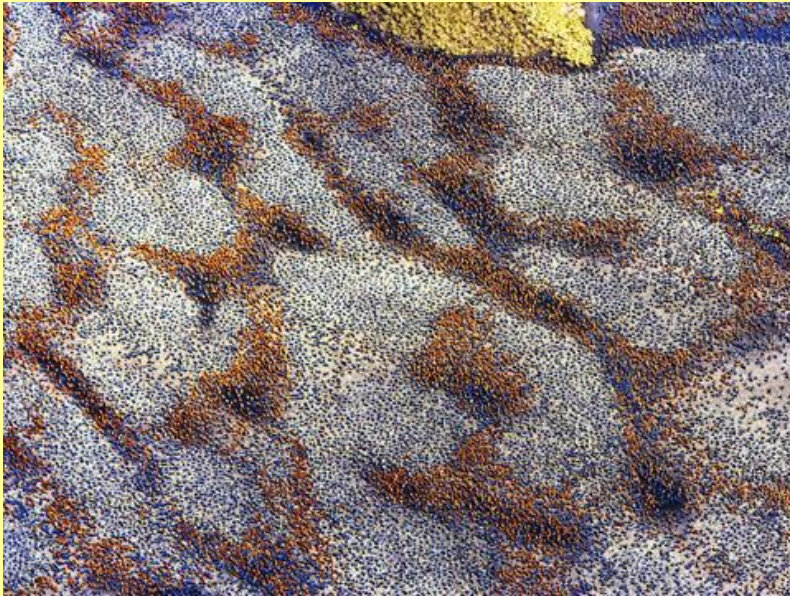


OUT OF THE CLOSET -

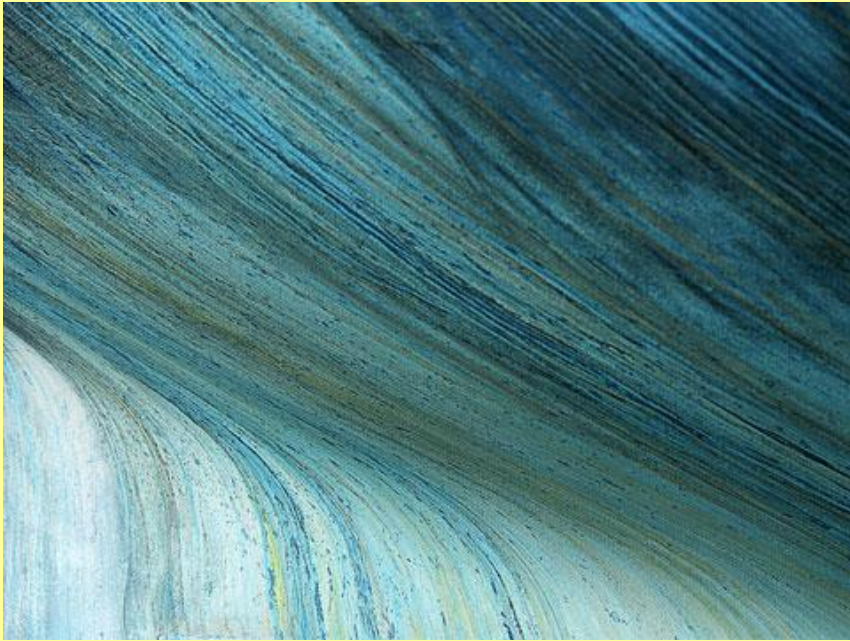
Strategies for an Inclusive Classroom

APPEARANCES CAN BE DECEIVING

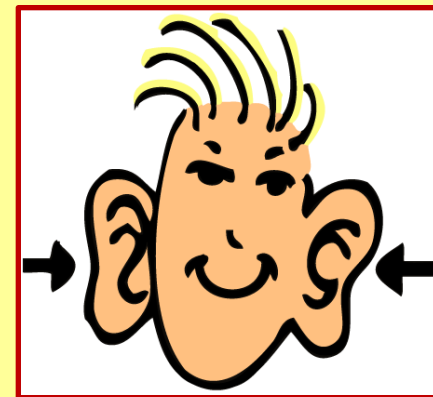
What am I?



What am I?

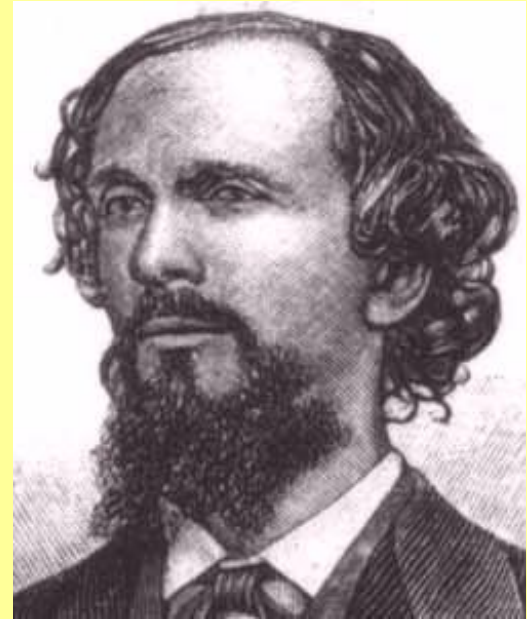


GROUND RULES



TERMINOLOGY

- ❑ Closeted or in the closet
- ❑ “Coming out”
- ❑ “Out of the closet”
- ❑ Outing



HE SAID....SHE SAID



STEREOTYPES

- × Definition
 - + 1st used
- × Dangers/Harm
 - + Threat
 - + Self-fulfilling prophecy
 - + Prejudice
 - + Discrimination
 - + Self-stereotyping

What Do You See When
You Look At Me?



STEREOTYPES
IN AMERICA

R. DEVINE
DESIGN



HERE ARE TWO MEN.
ONE OF THEM IS GAY.
THINK YOU CAN TELL WHICH?

STEREOTYPES ARE THE VIEWS
OF THE SMALL-MINDED.



ABC'S OF DIVERSITY

WHY STAY IN THE CLOSET?

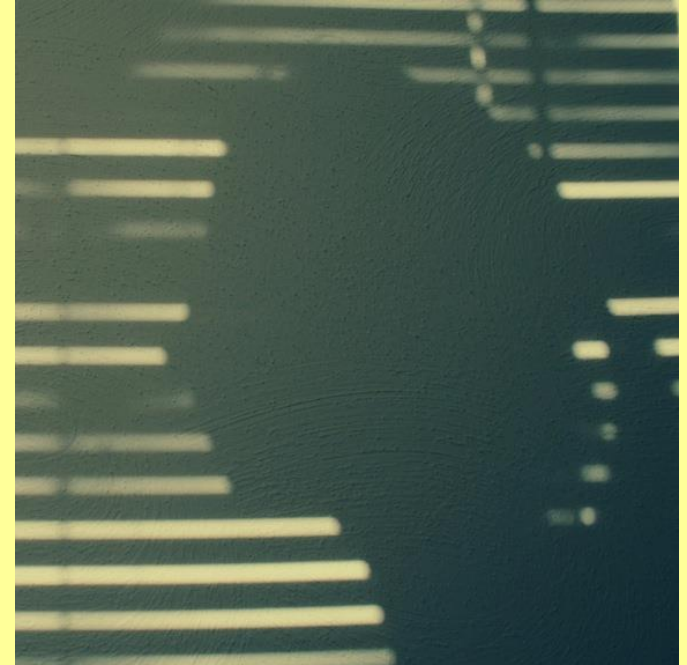
- × Fear
- × Protect future or current career
- × Live in conservative culture
- × Unending process
- × Safety



A closet
is a
very lonely
home.

HARMFUL EFFECTS OF STAYING IN THE CLOSET

- × Denying who you are
- × Leading a “double life”
- × Ongoing stress
- × Increasing risky behavior
- × Impacting others
- × Psychological risks
- × Continuing stereotypes



CHANGING PERSPECTIVES



RISKS OF COMING OUT OF THE CLOSET

- × Homophobia
- × Treated differently
- × Loss of friends
- × Homelessness
- × Asked personal questions
- × Mixed reactions
- × Loss of financial support
- × Harassment/discrimination
 - + Teasing/bullying



MICROAGRESSIONS.....

BENEFITS OF COMING OUT OF THE CLOSET

- × No longer have to live a lie
- × Meet other LGBT teens and participate in LGBT community life
- × Get appropriate support if needed
- × The more normal being gay becomes to the mainstream world.
- × Lower stress hormone



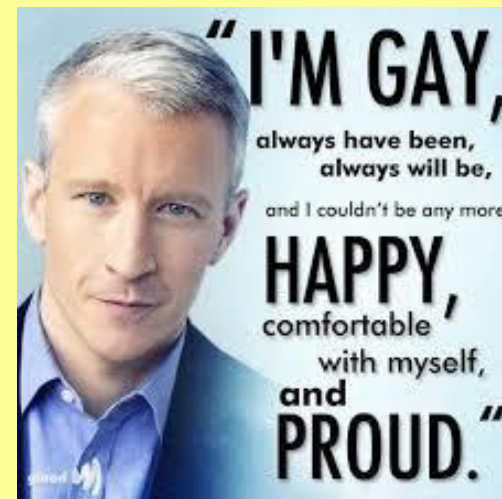
LGBT- Inclusive curriculum benefits all students by

- × exposing them to more inclusive and accurate accounts of history
- × helping them have better understandings of LGBT people and their historic contributions
- × encouraging them to question stereotypes about LGBT people
- × promoting acceptance



LGBT-inclusive curriculum benefits LGBT students by


- × validating their existence and experiences
- × reinforcing their value and self-worth
- × providing space for their voices



An inclusive curriculum

JUST BECAUSE



A photograph showing the silhouettes of several people standing in a row, each holding up a large, brightly colored star. The stars are in various colors: red, orange, yellow, light green, white, and purple. The background is a dark blue night sky filled with numerous small, white stars. The overall mood is celebratory and hopeful.

“All young people, regardless of sexual orientation or identity deserve a safe and supportive environment in which to achieve their full potential.”

Harvey Milk
1st openly gay elected official

BINGO



OPEN UP!

lgbt history coming out of the closet

RESOURCES

- × <http://www.advocatesforyouth.org/for-professionals/lesson-plans-professionals/227?task=view>
- × <http://www.rd.com/slideshows/look-twice-one-scene-two-very-different-views/#ixzz30J15PPIT>
- × <http://glsen.org/educate/resources/curriculum>
- × Eisenberg ME, Resnick MD. Suicidality among gay, lesbian and bisexual youth: The role of protective factors. *Journal of Adolescent Health* 2006;39:662–668.
- × Espelage DL, Aragon SR, Birkett M. Homophobic teasing, psychological outcomes, and sexual orientation among high school students: What influence do parents and schools have? *School Psychology Review* 2008;37:202–216.8.
- × FindYouthInfo.gov [Internet]. Bullyinfo.org Bullying Prevention and Response. [cited 2010 Nov 29]. Interagency Working Group on Youth Programs; [1 screen]. Available at www.findyouthinfo.org/topic_bullying.shtml.
- × Goodenow C, Szalacha L, Westheimer K. School support groups, other school factors, and the safety of sexual minority adolescents. *Psychology in the Schools* 2006;43:573–89.

RESOURCES (CON'T.)

- × <http://www.algbtical.org>
- × <http://glsen.org/educate/resources/curriculum>
- × <http://online.wsj.com/news/articles/SB10001424052702304163604579531893392671188>
- × <http://closetproblems.tumblr.com/>
- × <http://www.rd.com/slideshows/look-twice-one-scene-two-very-different-views/#ixzz30J15PPIT>
- × <http://outservemag.com/2013/03/impacts-of-nondisclosure/>
- × www.ThinkB4YouSpeak.com
- × <http://changefromwithin.org/2012/03/01/10-keys-to-creating-an-inclusive-classroom-community-for-lgbtq-students>
- × <http://www.pflagnyc.org/safeschools/statistics>
- × <http://www.sciencedaily.com/releases/2013/01/130129074427.htm>
- × <http://rochester.edu/news/show.php?id=3869>
- × http://gayteens.about.com/od/comingout/f/risk_benefits.htm
- × <http://www.cdc.gov/lgbthealth/youth.htm>

RESOURCES (CON'T.)

- × <http://www.theatlantic.com/health/archive/2013/02/study-people-who-come-out-of-the-closet-are-happier-and-healthier/272740/>
- × <http://www.rochester.edu/news/show.php?id=3869>