

Community Connections Selected Resources and Links

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SHAPE America, April 3, 2014, 7:30 a.m., Convention Center 260/267

1. Comprehensive School Physical Activity Programs (CSPAP): A Guide for Schools. Centers for Disease Control and Prevention. Atlanta, GA; U.S. Department of Health and Human Services; 2013.
<http://www.cdc.gov/healthyouth/physicalactivity/cspap.htm>
2. Educating the Student Body: Taking Physical Activity and Physical Education to School. Institute of Medicine of the National Academies, 2013.
<http://www.iom.edu/Reports/2013/Educating-the-Student-Body-Taking-Physical-Activity-and-Physical-Education-to-School.aspx>
3. Strategies to Increase Physical Activity Among Youth. Physical Activity Guidelines for Americans Midcourse Report Subcommittee of the President's Council on Fitness, Sports & Nutrition. Washington, DC; U.S. Department of Health and Human Services; 2012.
<http://www.health.gov/paguidelines/midcourse/>
4. Eggs and Chickens: What's Fresh and Foul in Physical Education? Editorial by Stephen Jefferies, p.e.links4U; October 2012.
<http://www.pelinks4u.org/archives/1112.htm>
5. Family and Community Involvement in the CSPAP. Journal of Physical Education, Recreation, and Dance, Volume 83 No. 7; September 2012.
6. Comprehensive School Physical Activity Programs Position Statement. National Association for Sport and Physical Education (NASPE), 2008.
<http://www.aahperd.org/naspe/standards/upload/Comprehensive-School-Physical-Activity-Programs2-2008.pdf>
7. Playmakers Fitness Foundation, Okemos, Michigan. <http://www.gfrplaymakers.com>
8. Michigan Fitness Foundation, Lansing, Michigan. <http://www.michiganfitness.org>