



# Connecting What YOU Do to NBPTS: An Interactive Session (Physical Education)

# Introduction

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# Goals and Objectives of this session

1) To inform about the process!

2) Unpack the standards!

- A working understanding of the goals of NBPTS and the specific requirements of portfolio entries
- An appreciation of how each subject area was created and how it can be linked to analysis and reflection
- An understanding of how current standards are described, facilitated through relevant examples, case studies, video samples, and, group discussions and hands on demonstrations

**\*MILEAGE WILL VARY\*** Please write down questions for the end.

# **PE Standards (2011)**

- I. Knowledge of Students**
- II. Knowledge of Subject Matter**
- III. Curricular Choices**
- IV. Wellness within Physical Education**
- V. Learning Environments**
- VI. Diversity and Inclusion**
- VII. Teaching Practices**
- VIII. Assessment**
- IX. Reflective Practices**
- X. Collaboration and Partnerships**
- XI. Professional Growth**
- XII. Advocacy**



# Why NBPTS for me?



# Standards I & II Knowledge of students and subject matter

- Respect for students as individuals

Given your experience, what are aspects of students that is important to know?



- Creating positive learning experiences
- Content /subject matter that is applicable to positive learning experiences

# Standards III and IV

- Curricular Choices
- Wellness

# LET'S PLAY!

## Duct Tape Classroom Activities

1. CATERPILLAR TRAVERSE
2. BUS STOP
3. YURT CIRCLE
4. AMOEBA ELECTRIC FENCE
5. PARTNER BALANCE TUG





# YOUR TURN!

😊 Create a game using duct tape!

😊 Find more people to play with!

# Curricular Choices

## Accomplished physical education teachers

- ▶ make purposeful curricular choices
- ▶ that address student needs and interests
- ▶ by promoting comprehensive physical education programs
- ▶ in support of lifelong physical activity and wellness.

# Evidence-Based Writing

## Describe-Analyze-Reflect!

- DESCRIBE – “WHAT did you want the students to learn in this activity?”
- ANALYZE - “HOW did it go?” What would you do differently?
- REFLECT- “WHAT was the outcome?”

# CURRICULAR CHOICES

Evidence-based

Clear  
Convincing  
Consistent

# CORNERSTONES OF WELLNESS

- ▶ Describe **WELLNESS** in one word sound bites!
- ▶ Wellness Word Walk
- ▶ In Physical Education?
- ▶ In school/community?





# WELLNESS

- ▶ One Word describing wellness (write on duck)
- ▶ Wellness Word Walk

# **WELLNESS**

## **is a common theme!**

**Wellness concepts should be viewed as integral to quality physical education and thus interwoven with physical activity throughout school and community.**

- ▶ **Physical fitness**
- ▶ **Health and body awareness**
- ▶ **Spiritual well-being**
- ▶ **Positive social engagement**
- ▶ **Balanced approach to living**
- ▶ **Active, healthy lifestyle**

# STANDARD IV: WELLNESS WITHIN PE

- ▶ Accomplished teachers interweave wellness throughout their curricula
- ▶ to provide students with the information and experiences they need
- ▶ to make independent choices that positively affect their health and lifelong well-being.

“Physical Education Standards, Second Edition, derives its power to describe accomplished teaching from an amazing degree of collaboration and consensus among educators from the field.”  
NBCT STANDARDS REVISION COMMITTEE 2<sup>ND</sup> EDITION

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# Standards 5 and 6

- Learning Environments
- Diversity and Inclusion
  
- See handout



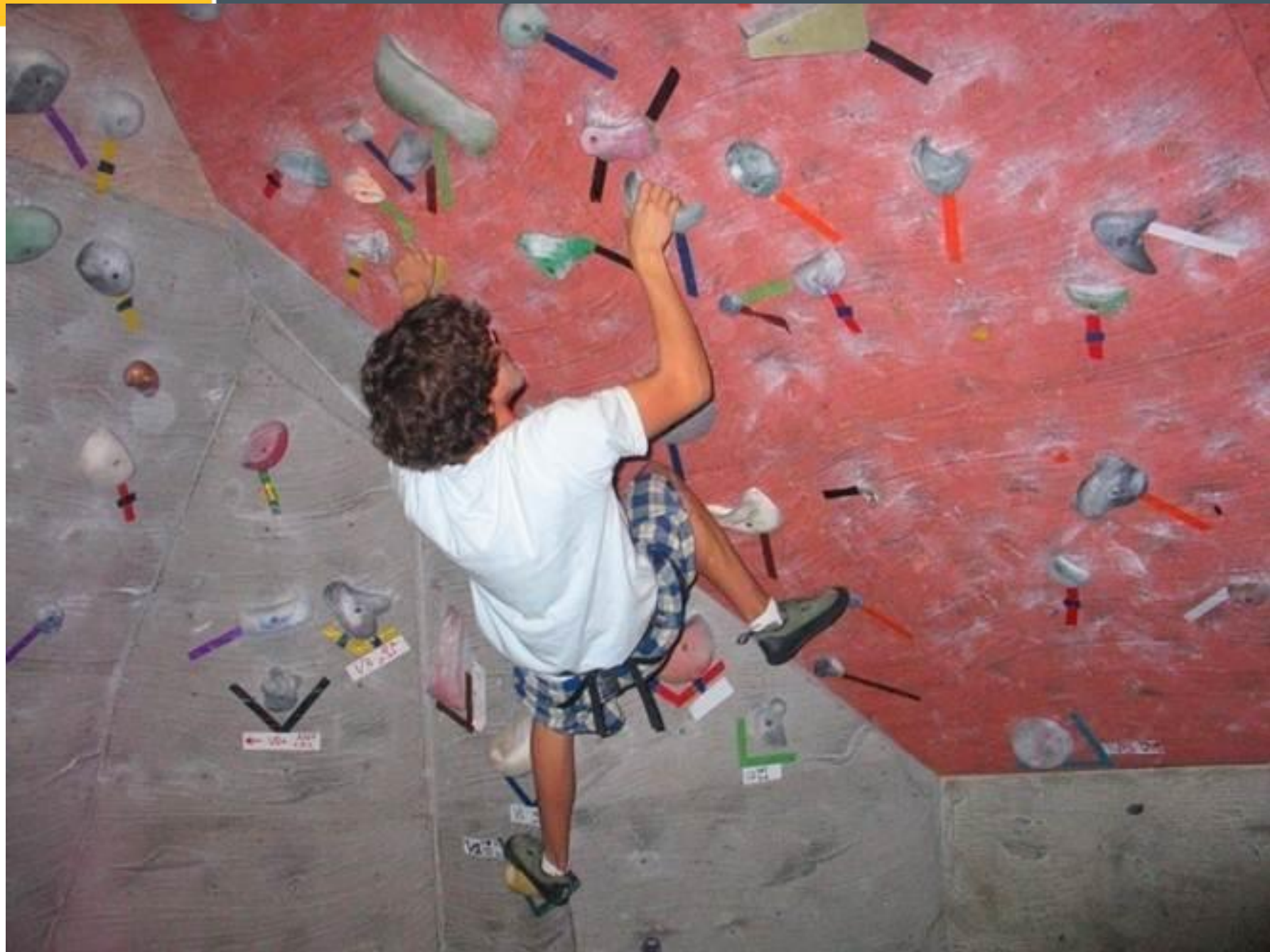
# Standards 7 and 8

- Teaching Practices
- Assessment

# National Board Certification

Teaching Practices and Assessment

Tracy Krause, NBCT



# Why NB?

**“Growth demands a temporary  
surrender of security”**

**- Gail Sheehy**

# Teaching Practices



# Creating High Expectations for Learners



# Ensuring Student Engagement



# Implementing Effective Pedagogy



# Promoting Student Success



# Assessment



# Selection and Design



# Using Data



# Link to Standards!

<http://www.boardcertifiedteachers.org/content/25-certificate-areas>.

# Contact Me

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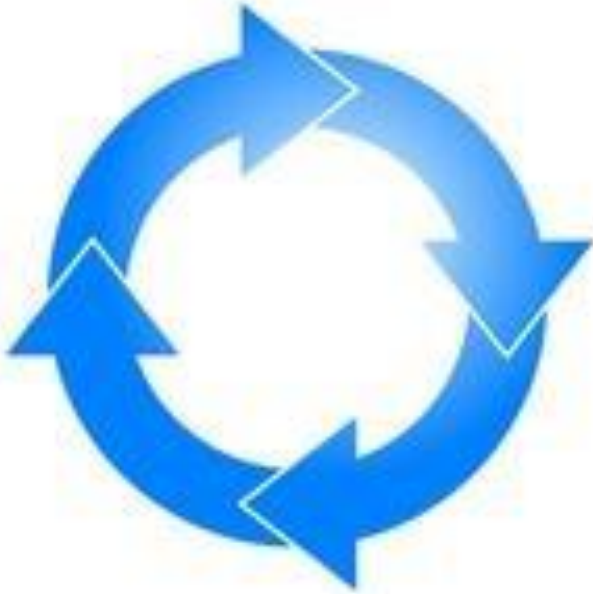
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# National Board Certification

Reflective Practice

Stephanie Canada-Phillips, NBCT



# Reflective Practice

**“Accomplished teachers engage in meaningful introspection that challenges, informs, and guides all aspects of pedagogy and professional growth for the purpose of improving student learning”**

**NBPTS Physical Education Standards, 2014**



# Planning for Instruction



# Monitoring Instruction



# Assessing Instructional Effectiveness



# Evaluating Teacher Practices



# That's not all Folks!



*“Accomplished physical education teachers understand that growing professionally entails a cyclical process of reflection, deliberation and action”*  
NBPTS Physical Education Standards, 2014

# Contact Me

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# National Board Certification

Advocacy and Community

Charlotte Kelso and Courtney Greer  
NBCT in Physical Education EAYA



# Propositions

- Proposition 1: Teachers are committed to students and their learning.
- Proposition 2: Teachers know the subjects they teach and how to teach those subjects to students.
- Proposition 3: Teachers are responsible for managing and monitoring student learning.

# Propositions Continued

- Proposition 4: Teachers think systematically about their practice and learn from experience.
- Proposition 5: Teachers are members of learning communities.

# Advocacy and the NBCT

## Mission

- The mission of the National Board is to advance student learning and achievement by establishing the definitive standards and systems for certifying accomplished educators, providing programs and **advocating** policies that support excellence in teaching and leading and engaging National Board Certified Teachers (NBCTs) and leaders in that process.

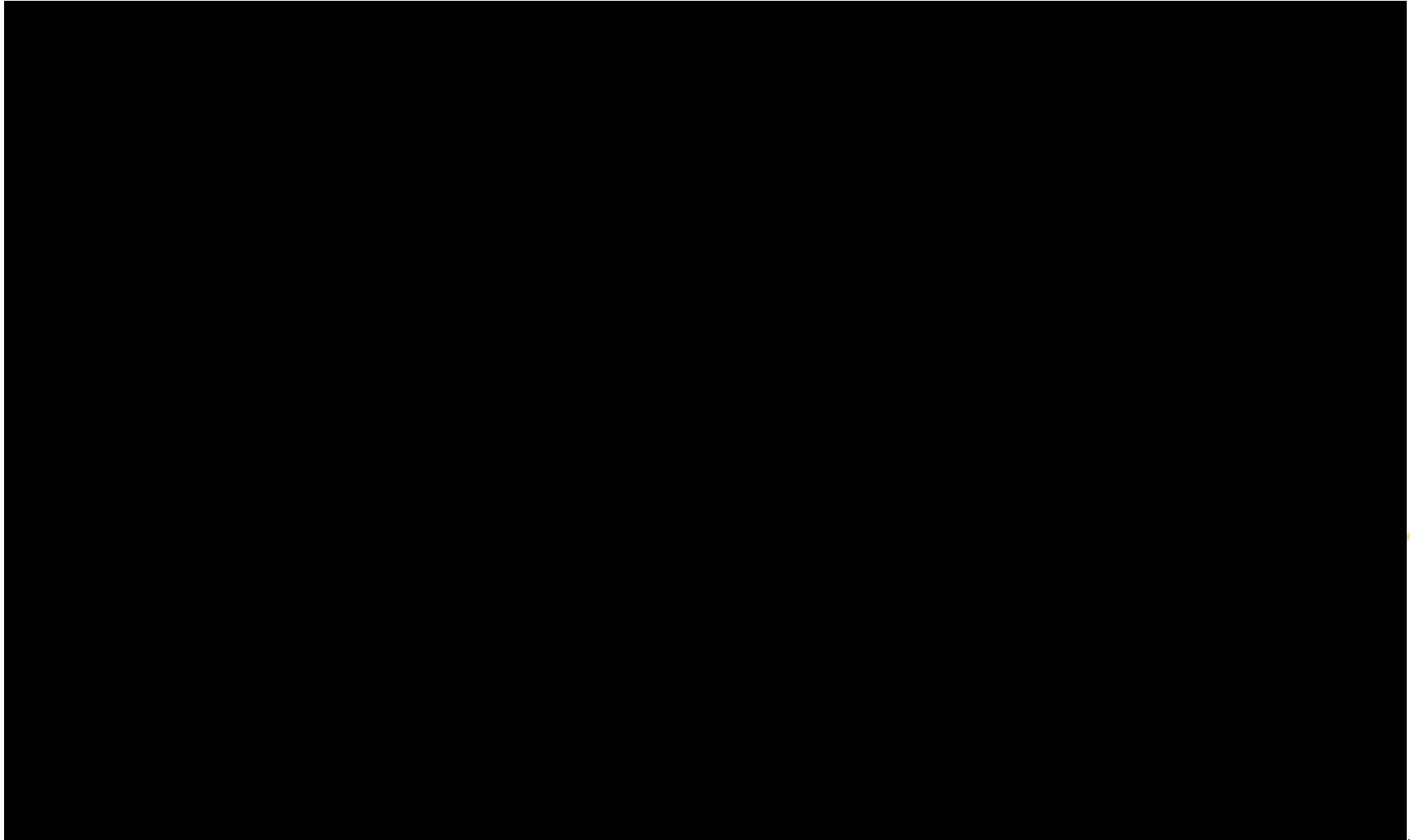
# Mission Statement Continue

- The National Board seeks to elevate the status, voice and role of accomplished teachers in shaping a true profession. This includes
  - 1) raising public awareness with respect to the cognitively complex, collaborative and expertise-driven nature of teachers' work;
  - 2) setting higher standards for entry and advancement into the profession;
  - 3) recognizing accomplished teaching through a rigorous professional certification process comparable to those found in other premier professions, such as medicine, engineering and law.

# ADVOCACY

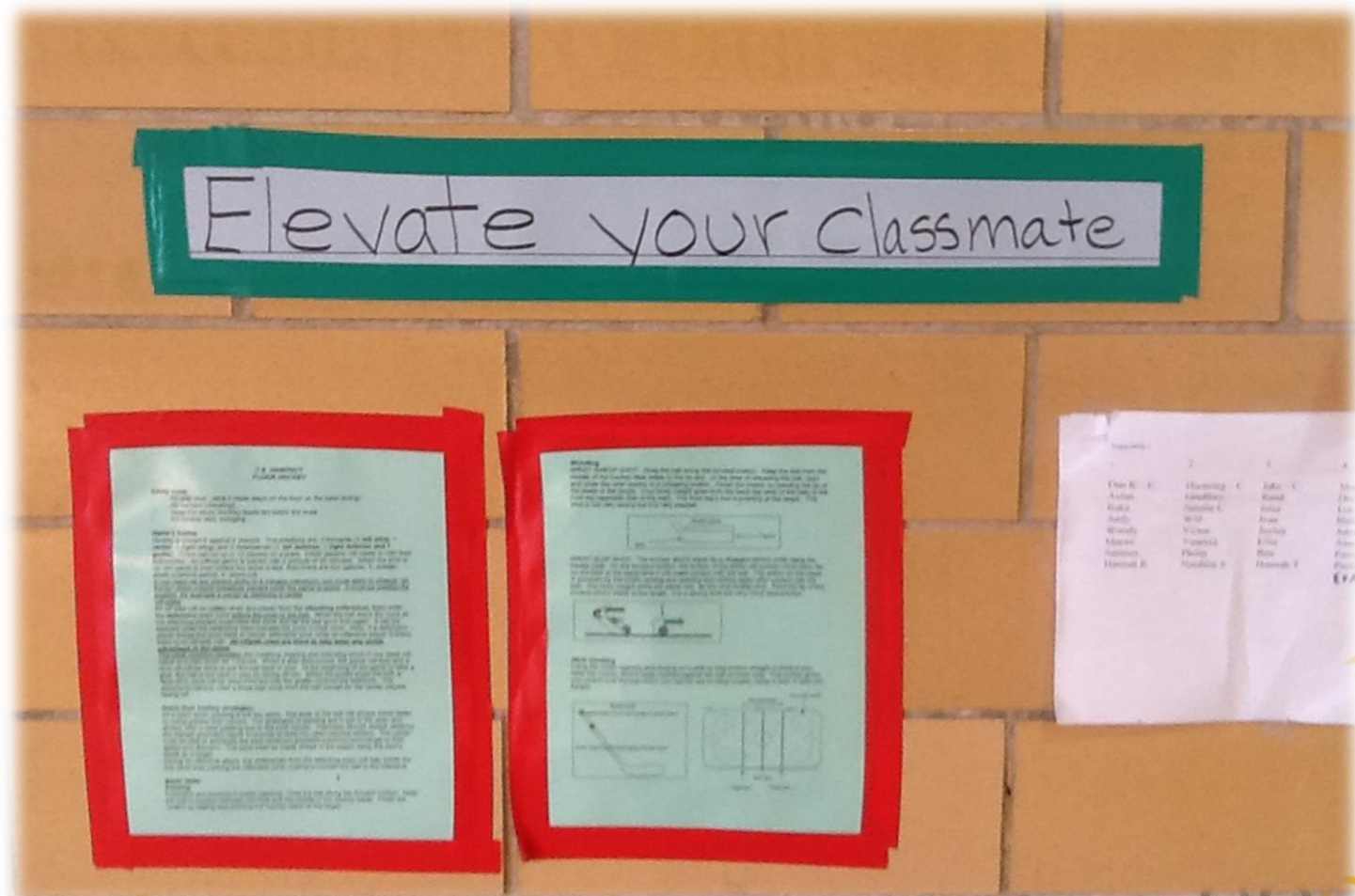


# Can you say you are a leader?





# Inspire Students to Advocate





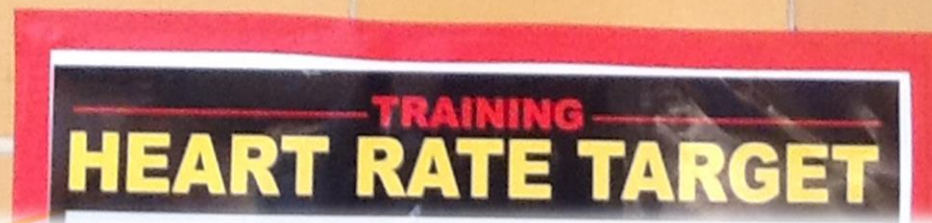
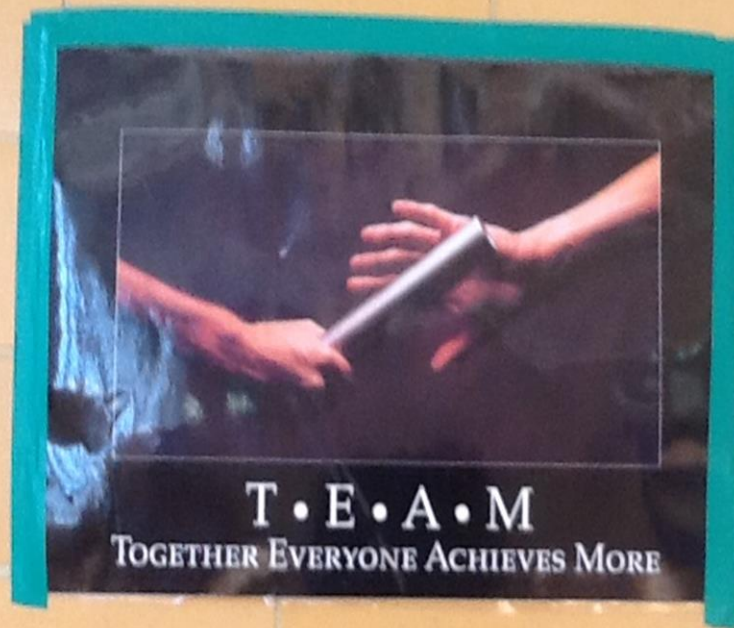
# Advocacy

- The act of pleading or arguing in favor of something, such as a cause, idea, or policy; active support.



# Advocacy

- For teaching
- For students
- For educational programs that improve student learning
- Laws and regulations that protect learning
- For class size
- For teacher salary
- For students to have a voice



## ADVOCACY:

**“Never be afraid to raise your voice for honesty and truth and compassion against injustice and lying and greed. If people all over the world...would do this, it would change the earth.”**

**— William Faulkner**



It's all about Teamwork!

Marathon up date  
As of 2-3-14, there is  
opportunity to jog 28.2  
clown with rules, then  
Run phase over 50  
that have reached a  
distance.

If you believe you  
of them, see Miss Kelle  
For all students we  
work hard to complete  
distance before the end  
school. Keep it up!

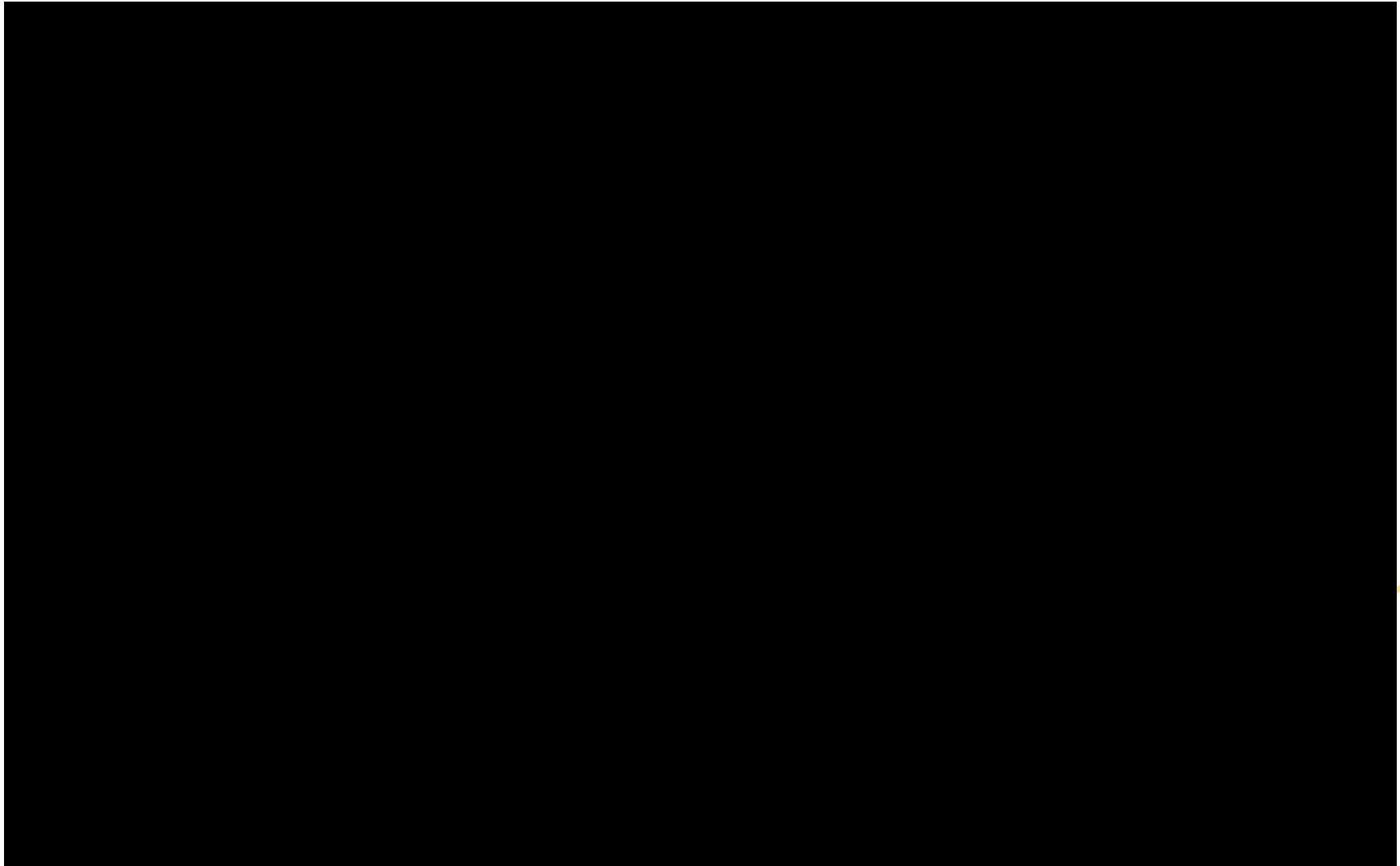
#### Activity

Monday - Snow Day ☺  
Tuesday - Curl-ups, Trunk Lift  
Wednesday - Push-up, Sit n Reach  
Thursday - PACER Run  
(if mats are up)

#### Warm-up

Jog 10 laps - <sup>1/2 court</sup> hardwood  
3 laps - full court  
10 push-ups  
20 - Curl-ups  
Stretch - legs

# You are Someone's Hero...





# Community

- Within student groups
- Within the school
- Within parent groups
- Within districts
- Within states
- Within NBCTs

# How do I connect my community?

- Programs
- Improve student learning with community connections
- Speakers
- Community service through school programs
- Include community in your advocacy



- **COMMUNITY:**

**"We cannot seek achievement for ourselves and forget about progress and prosperity for our community... Our ambitions must be broad enough to include the aspirations and needs of others, for their sakes and for our own."**

**- Cesar Chavez**

# Contact Us

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# THE WRAP UP

## Questions and Answers