Using the MODEL FOR EFFECTIVE COMMUNICATION & CONFLICT RESOLUTION to script a concern you have...

Write out a situation which is problematic:

write out a situation which is problematic:
<u>List behaviors</u> you have observed. Make your list as <u>specific</u> and <u>concrete</u> as possible. •
Step 1: I care (Use conversation format)
Step 2: I see (Insert behaviors from your list above in a conversation format).
Step 3: I feel(Use conversation format)
Step 4: Listen . (You cannot script this. Remember not to get sucked into responding or you will not be pursuing your agenda for this conversation. Just <u>listen</u> and jot down thoughts for future communication).
Step 5: I want (Use conversation format)
Step 6: I will (Use conversation format)
Model developed in 1991 from various sources by Harriet Marritz, Gettysburg College.