

# Individual Heart Rate Report

Report Date: Tuesday, March 19, 2013

**Student:** Thomas Barber  
**Teacher:** Barber, Thomas  
**Course:** Barber PE Class

**Date Range:** Tuesday, July 26, 2011 - Wednesday, September 05, 2012  
**Activities:**

Date	Activity	Total Time	Target Zone	Below Zone	In Zone	Above Zone	Average Heart Rate	
5/16/2012	DL Basketball	36:45	124-162	17:00 (46.3%)	18:30 (50.3%)	1:15 (3.4%)	128	
5/16/2012	DL Basketball	36:45	124-162	17:00 (46.3%)	18:30 (50.3%)	1:15 (3.4%)	127	
<b>Sessions: 2</b>	<b>Average:</b>	<b>36:45</b>		<b>17:00 (46.3%)</b>	<b>18:30 (50.3%)</b>	<b>1:15 (3.4%)</b>	<b>128</b>	
	<b>Total Time:</b>	<b>1:13:30</b>		<b>34:00</b>	<b>37:00</b>	<b>2:30</b>		0 10 20 30 40 50 60 70 80 90 100 %

DL = Downloaded

## Session Summary

