VOLLEYBALL SKILLS RUBRIC

NASPE PETE Standard 2: Skill-Based and Fitness Based Competence

Physical education teacher candidates are physically educated individuals with the knowledge and skills necessary to demonstrate competent movement performance and health-enhancing fitness as delineated in the NASPE K-12 Standards.

2.1 Demonstrate personal competence in motor skill performance for a variety of physical activities and movement patterns.

NASPE K - 12 Standard 1:

Demonstrates competence in motor skills and movement patterns needed to perform a variety of physical activities.

Level	Forearm Passing Technique	Overhead Passing Technique	Serve
4	TC consistently sends a playable *	TC consistently sends a playable *	TC consistently puts the ball in play
	forearm pass to a teammate or over the	overhead pass to a teammate or over the	with a legal serve, sometimes difficult
	net with good technique in an authentic	net with good technique.	to return (e.g., spin, placement, form).
	environment a modified game of at least		
	4-v-4.		
3	TC usually sends a playable * forearm	TC usually sends a playable * overhead	TC usually puts the ball in play with a
	pass to a teammate or over the net with	pass to a teammate or over the net with	legal serve.
	good technique in an authentic	good technique.	
	environment a modified game of at least		
	4-v-4.		
2	TC sometimes sends a playable *	TC sends a playable * overhead pass to	TC sometimes puts the ball in play with
	forearm pass to a teammate or over the	a teammate or over the net with good	legal serve.
	net with good technique in an authentic	technique. sometimes	
	environment a modified game of at least		
	4-v-4.		
1	Seldom sends a playable * forearm pass	TC sends a playable * overhead pass to	TC seldom puts the ball in play with a
	to a teammate or over the net with good	a teammate or over the net with good	legal serve.
	technique in an authentic environment a	technique. seldom	
	modified game of at least 4-v-4.		

^{*}A playable ball is one that a player should reasonably be able to reach.

SCORING: Consistently = 90%; Usually = 75 – 89 %; Sometimes = 50%; Seldom = below 50%

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