

BASKETBALL DIRECTIONS

NASPE PETE Standard 2: *Skill-Based and Fitness Based Competence*

Physical education teacher candidates are physically educated individuals with the knowledge and skills necessary to demonstrate competent movement performance and health-enhancing fitness as delineated in the NASPE K-12 Standards.

2.1 Demonstrate personal competence in motor skill performance for a variety of physical activities and movement patterns. 2.3 Demonstrate performance concepts related to skillful movement in a variety of physical activities.

National Standard 1

Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities

NASPE K – 12 Standard 1:

Demonstrates competence in motor skills and movement patterns needed to perform a variety of physical activities.

Performance Indicator:

Demonstrate competence in team court sports.

Assessment Task:

Play a 3-on-3 half-court basketball game.

Criteria for Competence (Level 3):

1. Usually uses effective ball skills (dribbling, passing, catching, shooting) with good technique and control.
2. Usually moves to get open to an appropriate space to receive/send a pass.
3. Usually in a position to use individual defensive skills (guarding and blocking).
4. Usually moves easily into a team defensive position (player-to player, zone.)

Directions for Students

*You will be asked to play a modified game of basketball with three people on a side using a half court for 8 minutes.

*Modified rules of half court basketball will be used.

*The game will start at half court and resume after each score by the non-scoring team putting the ball in play at half court (no make it take it). You will be asked to call your own out-of-bounds, rules violations and keep score.

