



| activity game |

Items
Needed:
Cones,
Hula Hoops

Lasso the Cloud

GRADES 3-5

Begin by placing three cones in a straight line about five feet apart. You will determine how many lines of cones to set up by the number of teams that you have. Split the children into equal groups for the relay. The objective of the game is to “lasso” the clouds (cones) by throwing the hula hoops over the top of the cone. Each child will attempt one throw. If the child misses the “cloud” they must then run up to retrieve the hula hoop and run to the back of the line. The next child will attempt one throw and so on until all three “clouds” have been lassoed. Once all clouds have been “lassoed” the game is over and that team is the winner.

Alternatives

- If a lasso attempt is missed, the child must perform five pushups, jumping jacks, or crunches, etc. before running to retrieve the lasso.
- Students could throw underhand, overhand, sideways, etc.
- Instead of running, the child could hop on one foot, crab walk, or skip down to retrieve the lasso.
- Could also tie jump rope to hula hoop and “rope” in bean bags.

Promotes:

*Hand-eye
coordination,
team work, spatial
awareness*

Lasso the Cloud Setup

