

Personal Action Plan

Fighting “the -isms” is difficult work and requires a plan of action. This worksheet helps you identify specific actions you can take to help further your own education and create change in the various communities in which you are a member.

1. Information I plan to seek out to further my understanding of the “-isms”:

2. A topic of conversations I would like to have with...
 - a. Myself:

 - b. Family or Friends:

 - c. Colleagues:

 - d. Others in my local community:

 - e. Others in my state, national or global community:

3. The under-represented groups (i.e. race/ethnicity, class, sexual orientation, etc.), I feel I still need to gain a great deal of knowledge about are:

4. Events or activities I plan to participate in to increase my understanding of diversity and under-represented groups are:

5. An action I can take (through a leadership position, organization, project or forum to enhance diversity:
 - a. In my family, among my friends or within committees:

 - b. Among my colleagues:

 - c. In my local community or community group:

 - d. In my state, country or on the global scale:

6. What difficulties might you face?

7. Who or what would help you be able to overcome those difficulties?