



DIVERSITY IN SPORT



AAHPERD March 13, 2012, Boston MA

Tuesday March 13, 2012

- Welcome!
- Introductions...

- □ Dr. Doris L. Watson
- □ Ted Peetz, doc candidate
- Kenneth Browder MS





"Diversity is just another way of saying, why con't you be more like me?"

Session Objectives

- Discuss key terms associated with diversity
- Discuss key categorical effects of diversity in context of sport – race/ethnicity, gender, religion, etc.
- Discuss how diversity effectsgroups processes and outcomes
- Discuss personal issues relative to development of a diversity action plan



Get out of Jail Free
To be used during times of blissful
ignorance;
not to be confused with and
independent of stupidity

Who is here?



Circle of Diversity



Watson, Peetz, & Browder AAPHERD 2012

Diversity 101: Exploring Language

What is Diversity??



Diversity

- □ Diversity is "any mixture of items characterized by differences and similarities." (Thomas, 1996, pg. 5)
- Diversity "refers to differences between individuals on any attribute that may lead to perceptions that another person is different from self." (van Knippenberg, De Drue, & Homam, 2004, p.108)
- Diversity refers to "differences among people that are likely to affect their acceptance, work performance, satisfaction, or progress in an organization." (Hayes-Thomas, 2004, p. 12)

Exploring Language: Diversity 101

What is Prejudice??

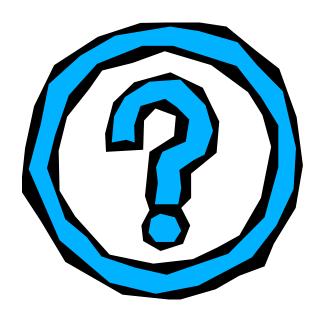


Prejudice

An attitude about another person or group of people based on stereotypes.

Exploring Language: Diversity 101

What is Racism??



Racism

The systemic conditions that provide some people more consistent and easier access to opportunities based on (perceived) race or ethnicity.

Exploring Language: Diversity 101

What is Sexism??



Watson, Peetz, & Browder AAPHERD 2012

Sexism

The systemic conditions that provide some people more consistent and easier access to opportunities based on (perceived) sex, gender, or gender expression.

Exploring Language: Diversity 101

What is Heterosexism??



Heterosexism

The systemic conditions that provide some people more consistent and easier access to opportunities based on (perceived) sexual orientation.



In sport...













Power and Diversity

- A discussion of power differences among social groups is critical to the understanding of diversity
- Some diversity forms are more meaningful than others:
 - Socially constructed power differences among group members
 - The historical context
 - The political nature of organizations

Our Privilege

- What is Privilege?
- Does it matter how we get it??
- Our PrivilegeExamined.... YourExamination!

Category	Have	Have Not	NA
Race / Ethnicity			
Gender			
Class / SES			
Ability			
Sexual Orient.			
Age			
Religion			

Juggling the Issues

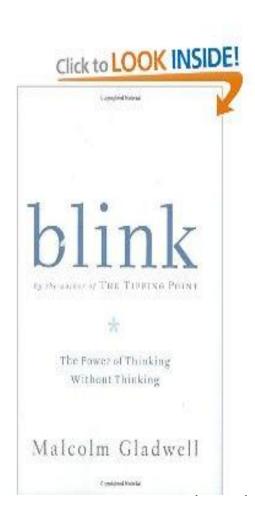
20 beliefs Economic Sexual Physical Intellectual 20

Circles of My Multicultural Self



Watson, Peetz, & Browder AAPHERD 2012

The Power of Thinking without Thinking!



- Adaptive Conscious
- Thin-Slicing
- Ability of our sub conscious to find patterns in situations and behaviors based on very narrow slices of experience
- Positive AND Negative

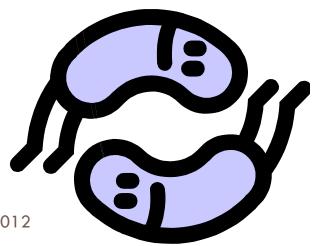
President Warren Harding

- Lawyer and Lobbyist –
 Harry Daugherty
 - "Wouldn't this man make a great President?"
- 29th President of the US
 - Served only 2 years (1921-1923)
- Worst President EVER



The role of the subconscious

- Implicit Association Test (IAT) (Greenwald, Banaji & Nosek)
 - www.implicit.harvard.edu
- Associations of Black & White / Good & Bad
- Approximately 50,000 AA have taken the test and show stronger associations with whites
- Power of every day messages!!



Subconscious Matters...



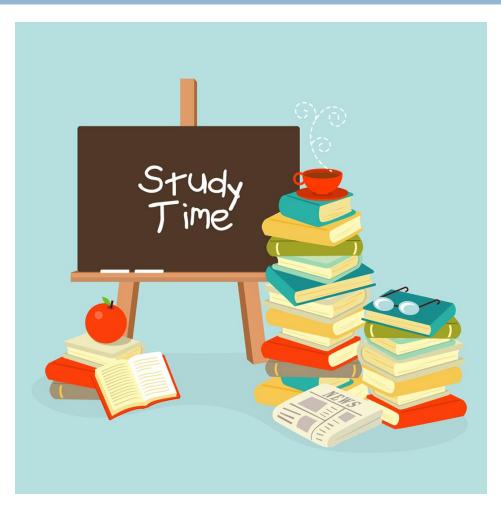




Break...



Case Studies



Watson, Peetz, & Browder AAPHERD 2012

- Clearly State Your Goal
 - A clear goal is needed to start the process
 - A goal should state what you hope to accomplish and by when it should be achieved.
- Identify The Main Tasks Needed To Accomplish The Goal
 - Outline the strategies or tasks that will make you successful
 - Spell out critical tasks and timing for each task

- Monitor Your Progress
 - Utilize journals, reflective writing to identify your progression towards your goal
 - If progress is slow, modify goals
 - Add more tasks to increase activities, or to increase the pace of existing tasks
 - Close gaps between goals and progress

Remember

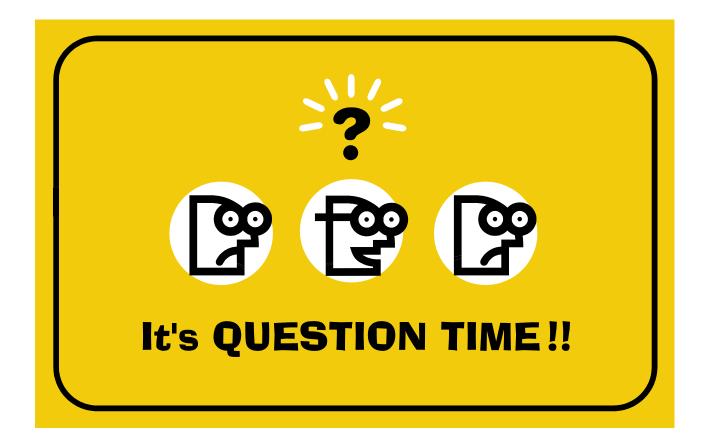
- Be realistic, but make your goals and plans important priorities in your life
- Make goals that will make you feel better about yourself as you accomplish them
- Obstacles are ok....we're all human.
- Draw on support of your colleagues, family members, mentors



- 1. What will be the greatest challenge in living out your personal action plan?
- 2. What will be the least challenging?
- 3. What resources do you need to live out your action plan?
- 4. How can other participants and facilitators assist you in accomplishing your personal action plan?

Summary





Thank you!!

