



295 Teaching Physical Education in an International Setting

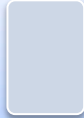
Thursday, March 15, 2012: 7:30 AM-8:30 AM
Convention Center: Room 210
NASPE/Research/Social Sciences

Speaker Simón G. Caycedo, American School of The Hague
Wassenaar, Netherlands
saycedo@ash.nl

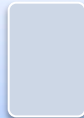
Are you considering teaching physical education in an international setting? What can you expect when teaching at an international school? There are special circumstances and attractive possibilities. Teaching at the American School of The Hague, in the Netherlands and working at European international schools will be the focus of this presentation. Details of programs and situations that you might find very rewarding when considering teaching abroad will be described.



Presentation Summary



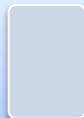
American School of The Hague as a Model



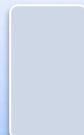
Physical Education Curriculum



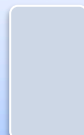
Extra Opportunities at International Schools



General Information about International Schools



Resources



Challenges and Successes

SURVEY of International School PE Teachers:

“Is Teaching PE at an International School Special?”

“The way of life is so different and the circumstances challenging on all levels, but so fulfilling. You make **special connections with students and staff** due to the international 'bubble' in which you live and work.”

“Very special! The **diversity of cultures, individuals and subjects** will affect learning and teaching in an international school.”

“It is special because there are **so many nationalities, cultures and religions in every class**. It is mainly a transient society and therefore **students become more resilient, better at making friends and are quicker to settle into a new school** compared to those who have only lived in their home country.”

“Low numbers of students, and they are usually well-behaved. They are usually world citizens so they understand a lot about the world and not just USA.”

SURVEY of International School PE Teachers:

What would you like others to know about what is like to teach physical education in your International School?

“We have a **great educational support, great curriculum and resources to use**. Great resources, **freedom to approach the curriculum as we see fit**, and appropriate class sizes (not too big or small).”

“**You work with motivated children**, who bring varied cultural influences into the class situation and enjoy the sense of security offered by what is essential...”

“**PE is Valued**. Educators know that there is a very strong correlation between fitness and academics...”

“It is **very rewarding to teach, more appreciation from parents**, students and colleagues and more compensation.”

Gateway to Europe...



The Netherlands



American School
of The Hague

- Van Gogh, Rembrandt, Vermeer
- Jazz, Blues, Classical, Dance
- Cheese, Herring, Stroopwaffles
- Tulips, Daffodils, Windmills
- International Culture, Theater, Cuisine



We Come From

Africa

Europe

North & South America

Asia

Australia & New Zealand



Student Body



American School
of The Hague

Three Schools In One

- 1,150 Students
- Elementary School (435)
- Middle School (347)
- High School (368)
- 29% U.S.
- 12% Host Country National
- 70 Nationalities



ASH High School Student Ambassadors

Parent Community

- Multinational Corporations
- European Agencies
 - ESA
 - EPO
- United Nations Organizations
 - OPCW
 - ICTY
- Diplomatic
- University & Medical Research



Our Highly Motivated Staff Members Demonstrate...

- A Commitment to Excellence
- A Strong Sense of Humanity
- Flexibility
- Applied Differentiation
- Technological Aptitude
- Knowledge of American Education
- An International Perspective & Understanding



Our Staff Members...

- Take A Learner Centered Teaching Approach
- Develop Strong Teacher-Student Relationships
- Benefit From Strong Professional Development
- Serve Beyond the Classroom
- Receive Competitive Compensation



A Safe Harbour

Working together to support the school community

- Orientation for new staff & families
- Support programs for new students, parents & staff
- Celebrating our differences
- Helping all students
- Student Ambassadors
- Parent Welcomers



Campus



American School
of The Hague

- Age Appropriate Learning/Play Areas
- Early Childhood Facilities
- 12 Science Labs
- Three Libraries
45,000 volumes
- Theatre & Black Box
- Double SportHall
- Three Gyms
- Fitness Center
- Five Playgrounds



In our program, students have many opportunities to partake in activities they enjoy and want to learn. They also experience many challenging individual, group and recreational activities with the goal of competence and success. Students also work to improve their coordination, movement skills and a strong sense of cooperation. They learn about bike safety, essential nutrition and hygiene. We place a significant emphasis on developing skills for our students to live an active, healthy lifestyle.



Physical Education Program Overarching Goals:

- A. To encourage students to strive to reach their full potential.
- B. To make activities developmentally appropriate.
- C. To sustain positive and concentrated participation.
- D. To instill self-control and cooperation.
- E. To promote inclusion.
- F. To emphasize learning rather than outcomes.
- G. To facilitate lifetime personal wellness.
- H. To generate creative movement solutions.



CURRICULUM YEAR PLAN 2011-2012

GRADE	START TO OCTOBER	OCTOBER TO DECEMBER	JANUARY TO FEB. BREAK	FEB. TO SPRING BREAK	APRIL TO YEAR END
Kindergarten	Creative Movement	Creative Movement	Creative Movement	Creative Movement	Creative Movement
	Ball Skills and Simple Games	Gymnastics	Gymnastics	Gymnastics	Striking/Fielding
	Eye-Hand Coordination	Eye-Foot Coordination	Eye-Hand Coordination	Ball Skills and Games	Groups activities
	Cooperative Games	Lead-up Games	Rhythmic Activities	Games for Understanding	Field Day Preparation
1st Grade	Creative Movement	Creative Movement	Creative Movement	Creative Movement	Creative Movement
	Ball Skills and Cooperative Games	Health and Well Being	Gymnastics	Gymnastics	Ball Skills and Games
	Fitness & Health Development	Ball Skills and Games	Ball Skills and Games	Ball Skills and Games	Striking/Fielding Activities
	Lead-up Games	Long Lever Activities	Rhythmic Activities	Jump Rope Activities	Field Day Preparation
	Mini-Olympics & Fitness Testing	Obstacle/Adventure Course		Games for Understanding	Fitness Testing
2nd Grade	Creative Movement	Creative Movement	Creative Movement	Creative Movement	Creative Movement
	Ball Skills and Cooperative Games	Health and Well Being	Gymnastics	Gymnastics	Athletics
	Fitness & Health Development	Ball Skills and Games	Recreational Activities	Ball Skills and Games	Striking/Fielding Activities
	Lead-up Games	Long Lever Activities	Net Ball Activities	Jump Rope Activities	Field Day Preparation
	Mini-Olympics & Fitness Testing	Obstacle/Adventure Course	Rhythmic Activities & Dance	Games for Understanding	Fitness Testing
3rd Grade	Creative Movement	Creative Movement	Creative Movement	Creative Movement	Creative Movement
	Ball Skills and Cooperative Games	Health and Well Being	Gymnastics	Gymnastics	Fitness Testing
	Fitness & Health Development	Basket Ball Activities	Net Ball Activities	Ball Skills and Games	Athletics
	Lead-up Games & Bike Safety	Long Lever Activities	Rhythmic Activities & Dance	Jump Rope Activities	Striking/Fielding Activities
	Mini-Olympics & Fitness Testing	Obstacle/Adventure Course		Games for Understanding	Field Day Preparation
4th Grade	Creative Movement	Creative Movement	Creative Movement	Creative Movement	Creative Movement
	Ball Skills and Cooperative Games	Health and Well Being	Gymnastics	Gymnastics	Fitness Testing
	Fitness & Health Development	Basket Ball Activities	Net Ball Activities	Ball Skills and Games	Athletics
	Lead-up Games & Bike Safety	Long Lever Activities	Rhythmic Activities & Dance	Jump Rope Activities	Striking/Fielding Activities
	Mini-Olympics & Fitness Testing	Obstacle/Adventure Course	Traffic/Bike Safety	Games for Understanding	Field Day Preparation



Unit Overview Report

The American School of The Hague

April 1, 2011, 10:30PM



Elementary School **Grade 1** **Physical Education 1** **2010-2011**

Caycedo, Simon

Cooperative Activities

(Week 1-Week 36)

Nutrition

(Week 1-Week 20)

Invasion games

(Week 1-Week 38)

Healthy Habits

(Week 20-Week 38)

Net Ball Activities

(Week 20-Week 29)

Fitness & Health Development 1

(Week 3-Week 5)

Fitness & Health Development 3

(Week 32-Week 34)

Tag games

(Week 1-Week 38)

Creative Movement

(Week 2-Week 36)

Rhythmic Movement

(Week 18-Week 29)

Fitness & Health Development 2

(Week 19-Week 24)

Long Lever Activities

(Week 1-Week 38)

Recreational Activities

(Week 4-Week 9)

Gymnastics

(Week 16-Week 30)

Games for Understanding

(Week 20-Week 36)

Elementary School **Grade 2** **Physical Education 2** **2010-2011**

Caycedo, Simon

Cooperative Activities

(Week 1-Week 36)

Movement

(Week 1-Week 3)

Invasion games

(Week 1-Week 38)

Invasion/tag games

(Week 1-Week 2)

Long Lever Activities

(Week 29-Week 35)

Tag games

(Week 1-Week 38)

Gymnastics

(Week 16-Week 30)

Rhythmic movement

(Week 18-Week 29)

Games for Understanding

(Week 20-Week 36)

Nutrition

(Week 1-Week 20)

Healthy Habits

(Week 20-Week 38)

Elementary School **Grade 4** **Physical Education 4** **2010-2011**

Caycedo, Simon

Cooperative Activities

(Week 1-Week 36)

Creative Movement

(Week 2-Week 36)

Invasion games

(Week 1-Week 38)

Fitness & Health Development 1

(Week 3-Week 5)

Fitness & Health Development 3

(Week 32-Week 34)

Long Lever Activities

(Week 1-Week 38)

Tag games PV

(Week 1-Week 38)

Rhythmic movement

(Week 18-Week 29)

Fitness & Health Development 2

(Week 19-Week 24)

Tag games

(Week 1-Week 38)

Nutrition

(Week 1-Week 20)

Healthy Habits

(Week 20-Week 38)

Elementary School **KG - 5-Year Old** **Physical Education K** **2010-2011**

Caycedo, Simon

Cooperative Activities

(Week 1-Week 36)

Creative Movement

(Week 2-Week 36)

Invasion games

(Week 1-Week 38)

Tag games

(Week 1-Week 38)

Rhythmic movement

(Week 18-Week 29)

Fitness & Health Development

(Week 19-Week 24)

Long Lever Activities

(Week 1-Week 38)



Sports

- Full Sports Program For Boys & Girls
- Varsity Sports
- JV Sports
- Middle School Sports
- International Games
- Middle School Intramural Teams
- Three Gyms
- Double Sporthall
- Fitness Center
- 5 Sports Fields



2011 ISST JV Cross Country Champions

General Characteristics of International Schools



Resources and Contacts for International Teaching

Linkedin

International Teacher
Recruitment - Teaching Jobs
Overseas

International Education Group
www.internationaleducationgroup.net

Network of International Christian Schools
Website: www.nics.org

Teachoverseas.info
<http://www.teachoverseas.info/cgi-sys/suspendedpage.cgi>

Overseas digest
<http://www.overseasdigest.com>

Teaching Horizons
<http://teacherhorizonsblog.com>

The International Educator
<http://www.tieonline.com>

AASSA
12333 NW 18TH Street, Suite 5
Pembroke Pines, FL 33026
www.aassa.com

Carney, Sandoe and Associates
44 Bromfield Street
Boston, MA 02108
www.carneysandoe.com

International School Services
PO Box 5910,
Princeton, NJ 08543
www.iss.edu

QSI (Quality Schools International)
Langusova 16
1000 Ljubljana, Slovenia
www.qsi.org

QTS International Education Consultants Ltd
Churchill House, 27 Otley Road
Leeds LS16 6HB UK
www.qts-worldwide.com

Teacher Recruitment International
PO Box A1317
Sydney South, NSW Australia
1235
www.triaust.com

Search Associates
Bethesda, Maryland, USA
www.search-associates.com

Queen's University
Education Career Services
Faculty of Education
Kingston, Ontario
Canada
<http://educ.queensu.ca/careers>

SURVEY of International School PE Teachers:

“Can you relate some challenges and successes in your experience teaching in an international setting?”

Challenges

“...Working with so many colleagues with very diverse backgrounds. Philosophies are different in different cultures.”

“...When I have had new students come into the school in Year 10 who have never done any PE before. They are extremely unfit, uncoordinated and often unwilling. The parents also place little priority on PE.”

“...Losing students after a year or two.”

“I would like people to understand that our **students come from varying backgrounds** and due to religious reasons, many families totally disregard PE as a subject.”

Successes

“Teaching so many different cultures and realizing that psychology works with any child and being positive works with all cultures.”

“Curriculum developed with life long learning in mind, to teach and encourage students into a healthier well-balanced lifestyle.”

“You become much more sensitive to differences in background and culture of students and learn how to work with it.”

“...When a student came up to me and said I want to be just like you I want to be a PE teacher. In this society, it is expected that the students aim to be doctors, lawyers, engineers or businessmen.”

“To introduce a GCSE Dance program into the curriculum for grades 10 and 11. Parents were delighted that their children could have access to an art form from another country that was accredited.”

*“I won a soccer tournament with my boy’s varsity team, composed of **8 different nationalities!**”*