

Community Snapshot Block Plan

Teacher _____ Unit _____ Period(s) _____ Level Gr. 3-5 Dates _____

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Present Background Information</p> <p>National recommendation for daily physical activity = 60 minutes</p> <p>Opportunities for physical activity in school (PE, recess, classroom activity breaks)</p> <p>Opportunities for physical activity outside of school (youth sports, after-school programs, active transportation, play)</p> <p style="margin-top: 20px;">week 1</p>				
<p>Anticipatory Set</p> <p>Slide show with pictures of facilitators and barriers</p> <p>Define key terms- facilitator and barrier</p> <p>Safety principles related to physical activity participation in different environments</p> <p style="margin-top: 20px;">week 2</p>				
<p>Data Collection Procedures</p> <p>How to take or draw high quality pictures</p> <p>Practice taking/drawing pictures of physical activity environments on campus</p> <p>Practice writing rich captions</p> <p style="margin-top: 20px;">week 3</p>				

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Data Collection

Students take or draw pictures of facilitators and barriers to physical activity in their community

week 4

Small Group Sharing & Feedback

Students present pictures and captions in small groups
 Feedback provided by classmates and teacher
 Opportunity to revise

week 5

Public Presentation

Students present one facilitator and one barrier that they contribute to the class bulletin board
 Students have the opportunity to explain how they would capitalize on facilitators or overcome barriers
 Invited guests/experts could include: city planners, parks and recreation representatives, university faculty, parents, etc.

week 6