

Enhance Academic Achievement with Brain Based Movement Activities.

Paola Fontana @ p.fontana@geomotiongroup.com

Ann F. Goldade @ goldade@mnstate.edu

Lois M. Mauch @ mauch@mnstate.edu

Dr. JoAnne Owens-Nauslar @ drjo@geomotiongroup.com

How we got started:

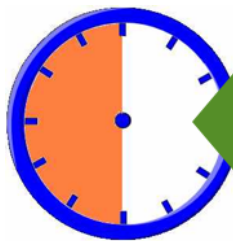
- a. Visited the schools
 - a. Meet with Laurie (Math Specialist)
 - b. Visited 6 schools!
 - c. Asked for volunteers at the schools in grade 3
- b. Summer writing with Dr. Debby
 - a. Re aligned GEO math lessons with Everyday Math and National math standards.
- c. Implemented a summer work shop for credit to promote physical activity in the classrooms.
- d. Visit the Author-Denver, CO.

Rule # 1 Exercise Boost Brain Power!



We are **NaTuRaL**

Rules # 4 & 5 Short and Long Term Memory



7 Pieces of
Information for
30 Seconds

Rules # 4 & 5 Short and Long Term Memory:

10 year journey

Repeat to Remember
&
Remember to Repeat!



Get them to pay attention by setting the hook them with predictions, emotional connections, past experiences and patterns.

is cognitive candy! Move to Improves=



Hook! 30 Seconds

Attention Please!

20 Minutes

Content A: Show/Tell/Do

20 Minutes

Content B: Show/Tell/Do

20 Minutes

Content C: Show/Tell/Do

20 Minutes

Cardio/Activity

Rule # 10 Vision trumps all other senses!

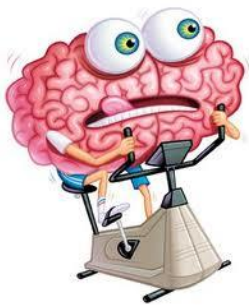


We are

FiRsT

?

What does this look like for you? Pair Share...



boosts brain power Move to Improves=!

Does what we do, how we do it and what we say matter? Dr. Jo

Look what our



did? 😊

Feedback;

ThAnK yoU for coming !

