

Traditional Barn Dances with Calls & Fiddling

is a College textbook for PE teachers

Published by Human Kinetics

80 Traditional Barn Dances With Calls & Fiddling Longways Dances 81

Virginia Reel (simple)

Ages 7 to adult

Music
Vol. 1: Track 17 with calls, track 18 without calls. Tune: "Campbells Are Coming."


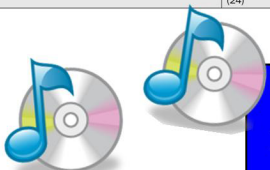

Formation
Longways: Seven couples. This version has been adapted to fit 64 beats of music for one time through the figure.

Calls	Directions
All forward and back	Everyone forward 4 steps and back 4 steps. (8 beats)
Everyone do-si-do	All move toward partner, go around in back of partner passing right shoulders, and walk backward into place. (8)
Swing by the right half way	All swing by the right arm hook, going halfway around. (8)
Swing by the left to place	All swing by the left arm hook back to place. (8)
First couple sashay down and back	Couple at top of set takes both hands and skips or slides sideways (sashays) down the middle 4 steps and back 4. (8)
Walk the highway, first couple make a bridge at the bottom	All face up the set to cast off: the lines split (right one going right, left one going left). Everyone else follows the top person in their line down the outside of set to bottom, where first couple meets to make a bridge. Everyone else keeps going down the outside beyond the bridge, meets partner, and comes up under the bridge all the way to place. (24)

About the Dance
Since this version omits the reel itself, it is easier to do; in contrast, the next dance in this chapter includes the reel figure strip the willow. Another version of this dance, Sir Roger de Coverly, also included in this chapter, was one of George Washington's favorites. In Quebec, yet another version of the dance is called Brandy Sherbrooke.

About the Tune
"Campbells Are Coming" is a Scottish pipe tune and may in fact be a 6/8 rendition of "McLeod's Reel" another Scottish tune, which is used for the dance Sir Roger de Coverly in this collection. The Virginia Reel (simple) can be done to any jig or reel; we happen to like "Campbells Are Coming" because it is "salty" (referring to the "fabric" or feeling of the tune), which seems to fit the dance.

Campbells Are Coming



2 CDs with calls and fiddle music

DVD demos dance moves and figures

Prior to the 2009 publication by Human Kinetics of the book/cds/dvd product (above), the authors had written two dance booklets titled the While Mountain Reel and the Sweets of May, both having CDs with the calls. However, their contract with HK does not allow them to sell these booklets since the contents have been combined into the new book. There are about 500 of the old books in storage that will be given away to college teachers. The intent is that after seeing, hearing and using a WMR or SOM book and CD, you would use it in your dance curriculum and ultimately students will purchase the HK book for your classes. Go to www.HumanKinetics.com and type in Laufman to see, hear and read more about the new traditional barn dance book

FREE sample dance booklet with CD
available from the authors

This offer began with friends in the field of physical education who recommended five collegiate professionals that might be interested in dance textbooks. You have been chosen by a PE professional whom you know to receive this info and a free sample booklet with the calls on the CD.

To request the WMR or SOM, write to the authors and give your postal mailing address. There is no charge for postage. These are valued at twenty-five dollars each but one is free to you as a way of promoting the new HK book. Of course, you may just order the new book

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