

## Scoring Rubric for Warm-up Activities

**Instructions:** Observe each child at least twice before marking. Use  for Proficient, (\*) plus a letter (see key below) for Developing, and (X) plus a letter for re-teach.

Student Name: \_\_\_\_\_ or Number: \_\_\_\_\_

Skill	Proficiency Descriptors	Proficient	Developing	Re-teach
Grapevine	L Step to side, R cross front, L to side, R cross back Even rhythm Head up – good posture			
Schottische	Step, step, step, hop Even rhythm Direction is in straight line			
2-handed Rowing motion	Seated with legs straight & parallel Both arms simultaneously moving Reach, pull & overhead Overhead combines w/ “stroke” cue			
Throwing movement	Differentiated trunk rotation Legs in opposition to arms Full extension of throwing arm In slow motion			
2-handed catch	180 degree turn Arms reach over the shoulder Smooth transition from throw to catch Hands together pointed to sky			
Underhand softball pitch with kick	Arms drop together and behind Arms separate Pitching arm circles low Same leg kicks forward			
Soccer thigh trap	Simultaneous pitching arm and kicking leg rotate outward (90 deg.) 2 beat hold			
Arm signals	Out + 3 count hold 3 point turn to the left Arm signals plus hold on 4 <sup>th</sup> beat “Safe” with plié and 2 count hold			
Touchdown with backward soccer kicks	Arms over head and held Leap backward Free leg cross behind kick (4 kicks) Hold is balanced (end of dance)			

Scoring Keys:

Proficient =  All descriptors are present and performed technically and rhythmically correct.

Developing = \* Steps/Arms are correct; flaws may be seen in **one or two** of these areas:  
rhythm (a);  
consistency (b);  
direction/plane (c);  
posture (d)

Re-teach = X Flaws in: step or arm pattern (s/p); plus any of these:  
rhythm (a);  
consistency (b);  
direction/plane (c);  
posture (d);