

Did you know?

In the United States each year, nearly 53,000 young people seek emergency room treatment for work-related injuries.

By the time they finish high school, roughly 80% of teens have held a job. But the vast majority of them enter the work force unprepared for the challenges — and hazards — they face.

Every day, young people — your friends, your neighbors, maybe even your own children — risk injury or death on the job.

What can you do to protect teen workers in your community?

The FREE, **Youth@Work: Talking Safety** curriculum (from the National Institute for Occupational Safety and Health [NIOSH]) will inform young people about the importance of job safety and health.

Include this easy and fun course in your local high school's health education curriculum today and help teens stay safe at work throughout their lives.

Learn more today!

Request a FREE CD-ROM of the **Talking Safety** curriculum by e-mail at talkingsafety@cdc.gov

or visit our website to download the FREE materials at www.cdc.gov/niosh/talkingsafety

SAFER • HEALTHIER • PEOPLE™

DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Disease Control and Prevention
National Institute for Occupational Safety and Health
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Official Business
Penalty for private use \$300



TALKING | SAFETY

**Keeping Young People
Healthy and Safe on the Job**

**A Free Curriculum
for High Schools**

DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Disease Control and Prevention
National Institute for Occupational Safety and Health





Why do teenagers get hurt, or killed, on the job?

Young people work in a variety of industries, from food service to farming. They get hurt at higher rates (when compared to adults) because they often lack proper safety awareness and training.

True Stories

- 18-year-old Jennifer lost a finger in a food shredder at a fast food restaurant.
- 14-year-old Wayne died after falling into a feed grinder while working on the family farm.
- 16-year-old Maria was robbed at gunpoint while working alone at a clothing shop.
- 17-year-old Jesse was killed in a car crash while making a “30 minute or free” pizza delivery.

Tragedies at work don't have to happen. Help teens get the training they need to stay safe and healthy on the job!

What is talking safety?

Talking Safety is a free, interactive, education program that teaches teens to stay safe at work. High schools can offer the course as a stand-alone unit or as part of a broader safety initiative. The curriculum includes:

- Six flexible lessons, deliverable in less than five hours of classroom instruction.
- Games, group work, and role play that engage and motivate students.
- Hands-on materials that highlight topics relevant to young people's daily lives.
- Specialized activities designed for young people with cognitive and learning disabilities.

Why use talking safety?

The curriculum:

- Increases teens' awareness of safety risks and hazards in their workplace.
- Teaches young workers how to communicate with employers and how to protect themselves from hazards.
- Informs teens of their rights and responsibilities on the job.
- Instills in young people a positive and active attitude toward workplace safety and health.
- Provides teens with vital safety skills they can use on any job, now and throughout their work lives

Does “Talking Safety” work?

Yes! The curriculum, tested in 16 high schools across the United States, increased students' knowledge of workplace safety and health and gave them vital skills for protecting themselves on the job.

Approved by Teachers, Teens, and Parents

What people say about Talking Safety:

“It opened a lot of eyes!” (Health Education teacher, Florida).

“The kids loved talking about their jobs.” (Health Education teacher, Illinois).

“Students LOVED the games, the skits and the role play!” (Teacher, Louisiana).

The Youth @ Work — Talking Safety, curriculum is endorsed by the U.S. Department of Education's Career Cluster Initiative, Job Corps, and Skills USA.



**Teach Talking Safety today.
Save a life tomorrow.**