



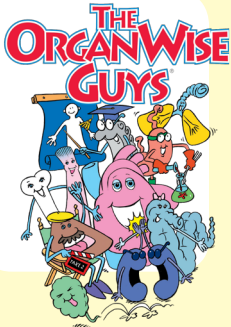
# Nutrition Services

When a school or organization chooses the Nutrition Services component of SPARK's Coordinated School Health Initiative they receive a complete Nutrition Education curriculum as well as a full-day Nutrition Services workshop.



## Program Components

### Nutrition Education Curriculum



SPARK has selected **The OrganWise Guys** (OWG) as their exclusive nutrition education partner. OWG uses engaging lessons, dynamic DVD's, lively music, and colorful characters to bring nutrition education alive in K to 5th grade classrooms. OWG has been proven to be effective by earning a "GOLD" ranking (highest award) from the Cooper Institute's "Children's Healthy Bodies Initiative" for wellness programs.

Each year, the materials build upon concepts learned as children progress from pre-kindergarten through fifth grade. This innovative, easy-to-implement package is classroom-tested and teacher-approved.

### Nutrition Services Workshop

This full-day workshop is made up of two 3-hour segments. In the first segment, OWG concepts and methods are presented in a "hands-on" 3-hour workshop conducted at YOUR site. Teachers learn how to use the curriculum, discuss how to integrate components into their schedules, and leave feeling motivated and ready to share OWG with their students.

For the second segment, SPARK has created a program that teaches school staff how to create an environment that supports healthy lifestyle, food, and beverage choices. Successful policies and protocols will be shared that will guide the change process and measure progress. Everyone will learn how to actively support the nutrition lessons being taught in the classroom as well as how to transform the school cafeteria into a center for learning about making healthy food choices.

### Audience

Elementary classroom teachers, physical education specialists, food service staff and managers as well as other school support staff and administrators.

### Cost

#### Curriculum

*\*see back for OWG curriculum content & pricing details*

#### Workshop

Full Day Workshop (both): **\$2699.00** plus travel

To Order  
the **SPARK**  
Nutrition Services  
Program

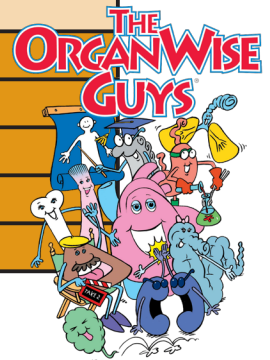
Or for any questions  
or additional information  
call **800 SPARK PE**,  
email **spark@sparkpe.org**  
or visit the **SPARK** website at:  
**www.sparkpe.org**



Note - As part of the SPARK Coordinated School Health Initiative, we recommend **The OrganWise Guys** nutrition education materials. For your convenience, SPARK will coordinate the ordering and delivery of the materials requested below from The OrganWise Guys Incorporated.

## OrganWise Guys Curriculum - The Core Kit Contents

Item	Description
<b>The following items are Grade specific:</b>	
Smart From the Inside Out School Assembly Kit	K-2 Presenter Kit
Basic Training for Better Health School Assembly Kit	3-5 Presenter Kit
Heart to Start Kit 1	Kindergarten Lesson Kit
Heart to Start Kit 2	Kindergarten Lesson Kit
Hardy Heart Younger Years Kit	1st Grade Lesson Kit
Calci M. Bone Younger Years Kit	1st Grade Lesson Kit
Windy, the Lungs Younger Years	1st Grade Lesson Kit
Sir Rebrum Younger Years Kit	2nd Grade Lesson Kit
Madame Muscle Younger Years Kit	2nd Grade Lesson Kit
The Kidney Brothers/Peri \Younger Years Kit	2nd Grade Lesson Kit
The Healthy Heart Challenge hardcover book	3rd Grade Lesson Book
Pepto's Place hardcover book	4th Grade Lesson Book
Balancing the Energy Equation hardcover book	4th Grade Lesson Book
Undercover Diabetes Agents hardcover book	5th Grade Lesson Book
<b>The following items are included in all Core Kits:</b>	
72 OrganWise Guys Vignettes DVD	DVD
Set of eight new OrganWise Guys DVD's	DVD
Keeping the Beat Music DVD	DVD
Keeping the Beat Music Soundtrack	CD
Little Organ Annie	Large Plush Doll Visual-Aide
Little Organ Andy	Large Plush Doll Visual-Aide
How to be Smart from the Inside Out hardcover book	Book
Basic Training for Better Health hardcover book	Book
Train Your Brain for Success hardcover book	Book
4 OrganWise-ology CD-Roms	CD-Rom
Set of 10 OrganWise Guys Nutrition Message Posters	Poster
MyPyramid Cafeteria Banner	Banner
<b>English Only K-2 Organ Wise Guys Core Kit Price*:</b>	<b>\$1,376.60</b>
<b>English/Spanish K-2 Organ Wise Guys Core Kit Price*:</b>	<b>\$1,687.00</b>
<b>English Only 3-5 Organ Wise Guys Core Kit Price*:</b>	<b>\$1,048.80</b>
<b>English Only K-5 Organ Wise Guys Core Kit Price*:</b>	<b>\$1,523.40</b>
<b>English/Spanish K-5** Organ Wise Guys Core Kit Price*:</b>	<b>\$1,833.80</b>



\*taxes, shipping and handling not included

\*\*Spanish only available for K-2 materials, 3-5 is English

# SPARK



**COORDINATED SCHOOL HEALTH INITIATIVE**